What People Are Saying

Every person who experiences trauma is eventually faced with a choice: to remain a victim of circumstance or fight to become a survivor. With raw honesty, Ms. Henderson tells of the complicated and often devastating effects of incest and of her brave transformation from victim to survivor. Complete with commentary from the therapist that walked the healing journey with Ms. Henderson, *Healing from Incest: Intimate Conversations with My Therapist* will serve as a ray of hope for any incest victim and as a guide for anyone wishing to help them become a survivor.

Sonya Buskirk, M.S., LMHP, CPC

In this book, *Healing from Incest*, Geri Henderson and Seanne Emerton have given the reader a window into the life of one who has experienced incest. Her story demonstrates the decades of therapeutic services needed for recovery. Geri’s candid dialogue with her therapist of how these experiences of abuse affected her at nearly every turn in life and Seanne’s highly skilled interventions and interpretations allow readers to feel as though they are participating in the therapeutic process.

This book goes beyond being of benefit to therapists and victims of abuse. The depth of awareness one walks away with after reading this book can impact how social work is done, inform the juvenile justice system, alter policies of Departments of Health and Human Services as well as change state legislation regulating services to families facing these issues. This book can also give hope to communities that have not been able to escape the cycle of family secrets and abuse. Geri and Seanne show us how one can emerge from years of suffering and be able to successfully navigate their own happiness.

Suzy Schulz, MME

Retired Youth Detention Educator

ODR approved mediator affiliated with

The Mediation Center, Lincoln, Nebraska

The book before your eyes tells a tale few have the courage to discuss; trauma survivor or counselor. The story of healing, and the process of facilitating that healing, is discussed in vivid detail. This book calls to all involved in these horrific experiences and helpers alike. ***Healing From Incest: Intimate Conversations with My Therapist***, is a must read. It shines a light not only into the shadows these acts take place in, but onto the path away from them.

Douglas R. Tillman, PhD, LPC, NCC