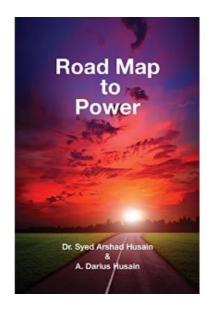


## **Book Review Mini-Critique**



Below you will find ratings (scale of 1-5) with descriptions for the major parts of your book followed by your Readers' Favorite review. Although these are general ratings we hope they will give you an insight into how others may view the different components of your book.

These are the opinions of your reviewer, and although your reviewer is not an expert literary critic or professional editor, they are at the very least, an avid reader of books just like yours.

Title:Road Map to PowerAuthor:Syed Arshad Husain,A. Darius HusainGenre:Non-Fiction - Self Help



Appearance: The appearance of a book can make a significant impact on the experience of a reader, whose enjoyment is often enhanced by an enticing cover, an intriguing table of contents, interesting chapter headings, and when possible, eye-catching illustrations.

Plot: The characters of a book should be well defined with strengths and flaws, and while they do not have to be likable, the reader does have to be able to form a connection with them. The tone should be consistent, the theme should be clear, and the plot should be original or told from a unique perspective. For informative books--those without plot and characters--this rating refers primarily to your concept and how well you presented it.

**Development:** Development refers to how effectively you told your story or discussed

- **4** your topic. The dialogue should be realistic, the descriptions should be vivid, and the material should be concise and coherent. Organization is also a key factor, especially for informative books--those without plot and characters. The order in which you tell your story or explain your topic and how smoothly it flows can have a huge impact on the reader's understanding and enjoyment of the material.
- Formatting:
  Formatting is the single most overlooked area by independent authors.
  The way in which you describe scenes, display dialogue, and shift point of view can make or break your story. In addition, excessive grammatical errors and typos can give your book an amateurish feel and even put off readers completely.
- Marketability:
  Marketability refers to how effectively you wrote your book for your target audience. Authors may include content that is above or below the understanding of their target reader, or include concepts, opinions or language that can accidentally confuse or alienate some readers. Although by its nature this rating is very subjective, a very low rating here and poor reviews may indicate an issue with your book in this area.
- OverallThe overall starred rating takes into account all these elements and<br/>describes the overall reading experience of your reviewer. This is the<br/>official Readers' Favorite review rating for your book.5
- **Review:** Reviewed by Hilary Hawkes for Readers' Favorite

Road Map to Power by Syed Arshad Husain and A. Darius Husain is a thought-provoking book that examines the true source of personal power, how our quest for success and achievement originated, and how it affects us today. The authors explain that great riches, fame and success are dependent on genetics, inheritance and luck, and so 99% of people are unlikely to achieve the unobtainable goals they may set themselves. The Rule of the Road is that we are almost all average. We may measure our worth by how much we have, but this will never make us truly happy. Husain says he made this mistake – despite a successful career as a child psychiatrist in the US and a comfortable life, he was dissatisfied until he heard colleague Bob talk about his alternative contented way of living.

Road Map to Power explains what this humane, non-self-seeking and realistic way involves: We need to know that we are not all really equal, but are equal in worth; that we cannot all achieve extraordinary things, but that perseverance and development of self-esteem is good when we understand we have our own individual 'ceiling'. Parental attachment to infants is essential for emotional strength and resilience. We all have our own personal 'garden' that we need to cultivate with generosity and giving to others, and we can do that when we understand that happiness stems from leading a life suited to our individual capabilities. When we stop believing we must have or achieve more and more in order to be accepted or to fit in, then we can live more authentically. Road Map to Power is well-written and very readable. It follows a logical sequence with useful summing up sections at the end of each chapter, and includes references to many historical and significant people/events in order to explain various points. I like the assessment of the origins and role of different religions the authors make, and their suggestion that emphasizing the values rather than different theologies can have a unifying effect. Syed Arshad Husain established a trauma team to help children and families affected by war in Bosnia, and partly bases his theories about resilience, re-authoring our lives, and living to help others on the experiences he had there with some very traumatized children.

This is a book with a message that could be a starting point for transforming the lives of readers who are unhappy, stuck in pursuing something unattainable to them personally, or who are caught up in false beliefs that money, better possessions or approval will bring them the happiness they crave. The book's message is to strive for our own best, not power or possessions. As St Francis of Assisi says: "It is in giving that we receive" - and we discover that this enables us to live fully in the knowledge that our 'best' will continue to influence others in a good way long after our own deaths. It is this way of living that is open to all of us equally.