



57 Steps to Paradise: Finding Love in Midlife and Beyond

> by Patricia Lorenz

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Non Fiction Relationships

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57 Steps to Paradise: Finding Love in Midlife and Beyond

Sharing personal experience, advice, and just plain truly funny stories, the author leads the reader to a positive and, daresay, successful approach to finding love at any age.

"...my heart has been ripped to shards by a number of men who have stepped across the line and into my heart and psyche and them torn them any which way but healthy. I will share the pain with you. I will also share how I survived and moved on.

A good, healthy, happy relationships between a man and a woman is a precious, much sought-after gift. But it includes work. Lots and lots and lots and lots of work. Let me share what I have experienced and learned, and then prayerfully you'll be able to get busy and open your heart and find a man you, too, can cherish and be happy with. Did I mention it takes lots and lots and lots and lots of work?"

Excerpt from 57 Steps to Paradise

Looking for love in your 40's, 50's, 60's, 70's and yes, even your 80's or 90's? *57 Steps to Paradise* will help you navigate dating in midlife and beyond. Lorenz unzips her soul and exposes her foibles during 50 years of men weaving their way in and out of her life, providing a heap of wit and wisdom to help you make life-changing decisions about love and, perhaps, a life partner.

Full of personal, interesting, and often hysterically funny stories that tell a lesson for all, *57 Steps to Paradise* provides a guide to dating later in life that will resonate with anyone who has ever been in the position of looking for the right partner and too often finding the wrong one. Patricia eventually found her love just 57 steps away—where she might otherwise not have looked.

This book is chockfull of tested advice like "the plus factors" (traits of Mr. Wonderful), the "zero factor: (traits to avoid, such as thoughtlessness, heavy drinking, negativity, lack of creativity, and two dozen more), and questions to ask men when you're dating them. Through absolutely hilarious stories, you will get to know Sam, Daniel, Jack, Tony, Marty, Harold, Ned, and Mr. Underpants—men you have probably come across in your own lives.

"Patricia Lorenz has been one of my favorite writers...she draws the reader in and always leaves us with the bonus of a great take-away message." (Jack Canfield, co-author of *The Success Principles* and *Chicken Soup for the Soul*)

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Patricia Lorenz is an award-winning newspaper columnist and a renowned inspirational, art-of-living writer and speaker, and the author of 14 books, 75 stories in the *Chicken Soup for the Soul* books, 400 magazine and newspaper articles, 26 *Daily Guideposts* books, and 60 anthologies. She lives in Florida where she is following her deans while still awake wi her hunka-hunka-burnin'-love.