



***Think Yourself into
Becoming a
Language Learning
Superstar***

by
Betty Lou Leaver

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Think Yourself into Becoming a Language Learning Superstar
A revolutionary approach to gaining fluency in any language.

When I was a child, I learned to sing the song, Rudolph the Red-Nosed Reindeer. The last line says, "You will go down in history." However, I heard the last line as "you go down and hear a story." Never mind that my version made no sense, I continued to sing it that way for nearly two decades—until my first child was born; I bought the sheet music to play the song for her on the piano and noticed the correct wording.

When you learn something by heart, within a specific context, without understanding the meaning attached to what you have learned, you can only use it in one situation. It does not become something that is really part of your language tool chest, so to speak.

Excerpt from *Think Yourself into Becoming a Language Learning Superstar*

Learning a language is difficult. Have you ever thought about why? You can spend hours and days memorizing words and conjugations and still be nowhere near fluency even years down the line. Why is it that languages seem to come easier to some people than others? How can you finally move beyond the basics?

With a game changing, holistic approach to learning, this book makes new languages accessible to all students. Instead of focusing solely on strategies for reading, listening, writing and speaking in a new language, it dives deeper. By focusing on who you are as an individual and how you learn, you will crack the code to becoming a language superstar.

Within these pages, readers learn:

- How health, exercise and sleep affect their ability to learn.
- How to improve and maintain their memories.
- How to identify cognitive distortions that are impeding their ability to learn, and so much more.

This book is the missing link between studying a language and actually learning a language. It is a must read, whether you are a high school student in a mandatory language course, an immigrant learning the local language, a traveler looking forward to exploring the world, or just someone who has always felt that yearning to learn.

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About the Author Betty Lou Leaver is a lifetime student of language, studying 19 languages and gaining professional-level fluency in seven of them. She has personally taught hundreds of students, and her work with dozens of language programs, including programs at government institutions such as the Foreign Service Institute, NASA, and the Defense Language Institute has influenced tens of thousands of students.