

MSI Press Catalogue Fall 2019

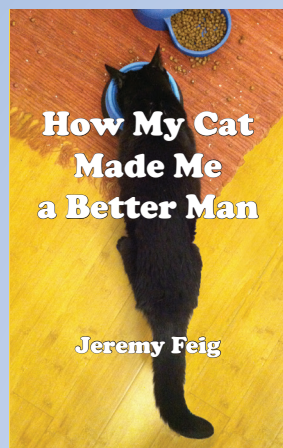


 **MSI Press, LLC**

1760-F Airline Hwy, #203 • Hollister, CA 95023

Phone: 831-886-2486 • Fax: 831-886-2486

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How My Cat Made Me a Better Man

Jeremy Feig; illustrated by Zhenya Yahovich

\$19.95 (Hardcover \$29.95)

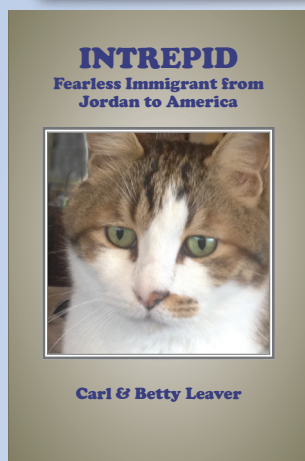
ISBN: 9781933455457 (Hardcover available ISBN: 9781942891543)

Jeremy Feig was at rock bottom - broke, alone, and living in a shoebox-sized apartment. At the same time, his cat was perfectly content. What was her secret? She couldn't say it out loud, but it was clear she had all the answers to living a good life. If you feel like your life is spinning out of control, this book will help you set things right - and keep you laughing along the way.

Book of the Year Award Finalist

Highly recommended by Midwest Book Review

"fun-filled homage to felines"
- *US Review of Books*



Intrepid: Fearless Immigrant from Jordan to American

Carl & Betty Leaver

\$19.95

ISBN: 9781942891369

Carl and Betty Lou Leaver have rescued dozens of cats in Amman and California, integrating new cates into already-integrated families. They have had as many six formerly feral cats sharing our home at a time, peacefully, though they will tell you that this state is not achieved easily or quickly. Among their beloved resues was Intrepid, a fearless little cat who began his life in Jordan and finished in America, bringing joy to all who met him by his sassy personality, unusual wit and intelligence, and assertive but gentle interaction with the humans that he owned and those who visited. RIP, Intrepid!

*a good example of how to
remember a beloved pet*



Noah's New Puppy

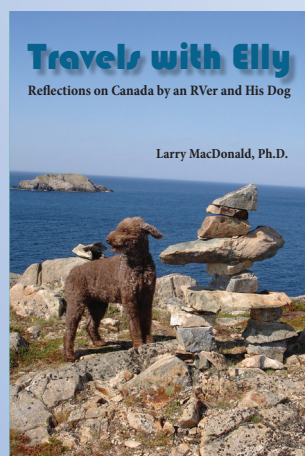
Richard Rice with Geri Henderson & Vincent G. Rice, Illustrator

\$24.95

ISBN: 9781933455303

Noah's New Puppy was written from veteran Richard Rice's own experience of post-war PTSD. The almost miraculous effects of his service dog, Abby, saved him and saved his marriage, bringing him out of hiding. He shares this story with families of small children to help them understand the suffering of their parents and the healing effects a dog can bring to the whole family. The Parent's Guide encourages conversations between parents and their children about PTSD, post-deployment issues, or parents and children suffering from depression. Richard's brother, Vincent, another veteran, is the illustrator.

*Enchanting illustrations
and gentle words share the
healing effects a dog can
bringto the whole family.*



Travels with Elly: Reflections on Canada by an RVer and His Dog

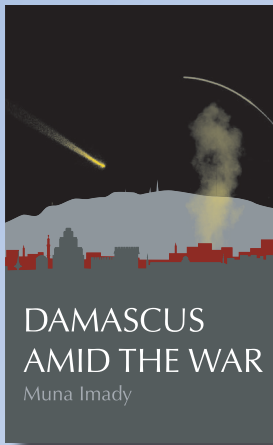
Larry MacDonald, Ph.D.

\$19.95

ISBN: 9781933455082

This nonfiction book views Canada from a personal perspective, similar to John Steinbeck's view of America in his 1960 book *Travels with Charley*. The author travels from coast to coast in a trailer with his wife and pets, including their Standard Poodle, Elly, in order to gain a better understanding of his adopted country. Interspersed between descriptions of history, cultures, places, and icons are the author's reflections on various things such as Elly's antics, signage, ferries, political injustice, environmental issues, and animal instincts.

*informative read for armchair
travelers and RVers*



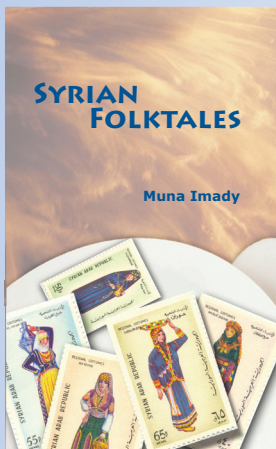
Damascus Amid the War

Muna Imady

\$19.95

ISBN: 9781942891994

Written by popular author, Muna Imady, whose book, *Syrian Folktales*, has delighted an uncountable number of readers outside of Syria, *Damascus amid the War* tells the very human story of the devolution of a society. The book contains 29 pre-war poems, vibrant with imagery of daily life in a robust Damascus. The 100 war poems that follow show the devastating affect on the people who navigate a daily existence after war came. This is a posthumous publication, containing Muna's very last works and an introduction by her mother, Elaine Imady, author of *Road to Damascus* and an analysis by Dr. Geri Henderson, professor of English literature and author of several books.



Syrian Folktales

Muna Imady

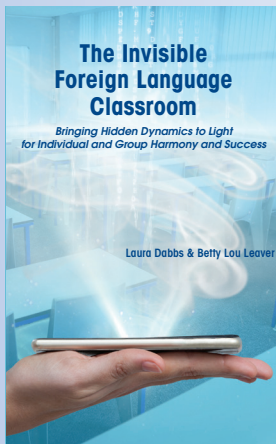
\$19.95 (Hardcover \$29.99)

ISBN: 9781933455099

This delightful book relates folktales from various regions of Syria. Each folktale is located on a regional map and is accompanied by a local, related recipe.

Winner Wild River Review Contest

"an enlightening collection, a charming presentation"
- *US Review of Books*



The Invisible Foreign Language Classroom

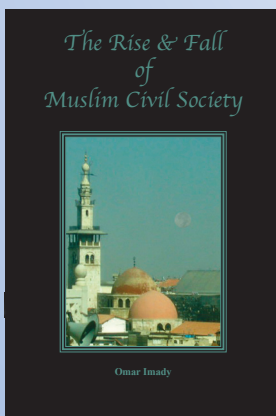
Laura Dabbs & Betty Lou Leaver

\$19.95

ISBN: 9781950328000

An in-depth guide for teachers seeking to understand dysfunctional classrooms and create a harmonious experience. A unique resource, based on experience with thousands of language learners.

"This gem of a book should be required reading for language teachers."
- *Dr. Rebecca Oxford, University of Alabama at Birmingham*



The Rise and Fall of Muslim Civil Society

Dr. Omar Imady

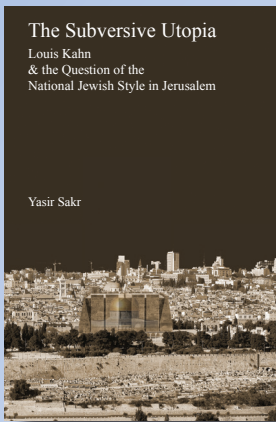
\$19.95

ISBN: 1933455039

This book discusses the institutional roots of organizations that sanction the use of indiscriminate violence to advance political objectives. The author sheds light on why these institutions emerged and why they eventually fell apart and provides a new explanation for the phenomenon of Islamic militancy.

"These institutions have not been covered, as of yet, in a single book."
- *Sakr, Amazon*

FOREIGN LANGUAGE & CULTURE



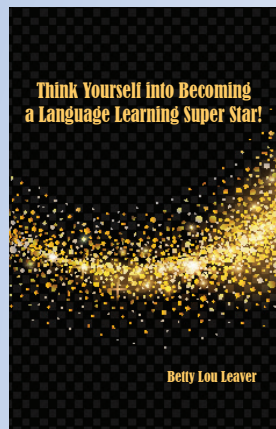
The Subversive Utopia: Louis Kahn and the Question of the National Jewish Style in Jerusalem

Yasir Sakr

\$19.95

ISBN: 9781933455143

This book examines the critical role of modern architects in shaping and transforming national Israeli memory with special regard to Jerusalem focusing on an unrecognized crucial interplay of Kahn's Hurvah design with the competing traditional and national symbols of Jerusalem.



Think Yourself into Becoming a Language Learning Superstar

Betty Lou Leaver

\$19.95

ISBN: 9781933455549

This book encompasses traditional tips that have worked for most people and then goes way beyond them, adjusting them to individual learners and teaching the learners to develop their own heuristics for rapid and successful language learning.



Thoughts without a Title

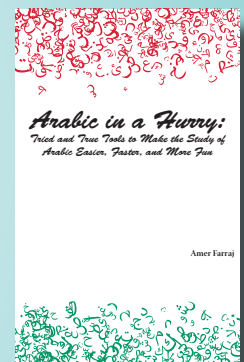
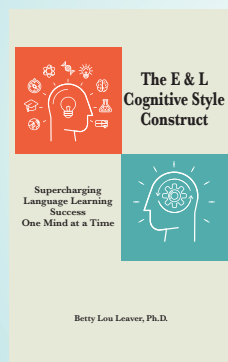
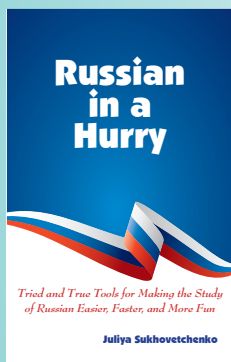
Dr. Geri Henderson

\$19.95

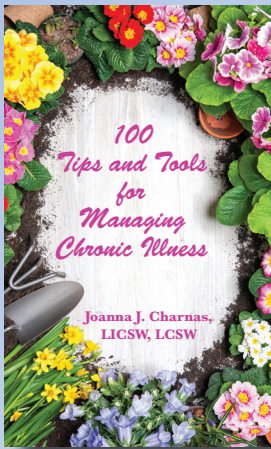
ISBN: 1933455063

This book is a collection of short stories, poetry, and dramatic essays, written by students and faculty of the New York Institute of Technology in Amman, Jordan, a rich mix of Arab and American authors, reflecting on experiences in the Middle East and elsewhere.

Coming Soon



HEALTH & FITNESS



100 Tips for Managing Chronic Illness

Joanna J. Charnas, LICSW, LCSW

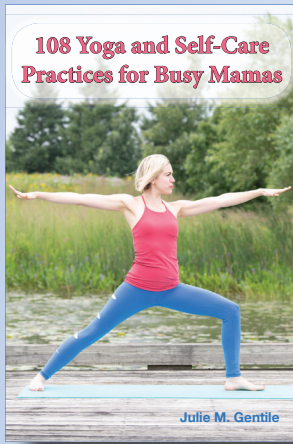
\$12.95

ISBN: 9781942891932

Managing chronic illness demands constant mindfulness and management. It's a process that constantly evolves over a lifetime. *100 Tips and Tools for Managing Chronic Illness* provides readers with one hundred different methods for accomplishing this task, offering personal examples that are humorous, heartfelt, and insightful. Anyone who lives with chronic illness or knows someone who does will benefit from reading this honest and entertaining book.

Book Excellence Award

An excellent resource worthy of multiple reads. - Library Journal



108 Yoga and Self-Care Practices for Busy Mamas

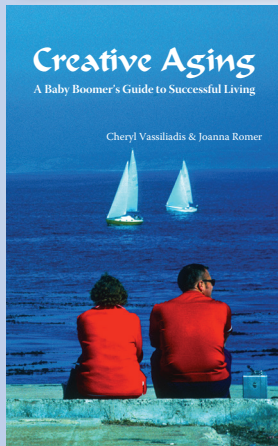
Julie M. Gentile

\$19.95

ISBN: 9781942891840

Mama, do you find yourself too busy to take good care of yourself? Whatever your situation, you deserve spectacular health and wellness. With Millennial working mama, certified yoga teacher, and widely published author, Julie Gentile, as your personal wellness mentor, this book coaches you along your own authentic wellness path. Using 108 writing prompts and self-care practices, yoga poses, meditation, and breathing exercises, Julie shows you practical ways to become the self-care goddess you truly want to be. You're worth it!

IPPY Living Now Bronze Medal; Book Excellence Award Finalist



Creative Aging: A Baby Boomer's Guide to Successful Living

Cheryl Vassiliadis & Joanna Romer

\$19.95

ISBN: 9781933455501

Creative Aging: A Baby Boomer's Guide to Successful Living encourages those who are at or nearing retirement to actively plan for the years ahead. Individual stories of Boomers who have learned to flourish after age 50 are showcased, along with productive influences gained from spirituality, health, and "the Woodstock Generation."

Finalist USA Best Books Award.

"a perfect gift for expectant mothers...unreservedly endorsed" - Midwest Book Review



Girl, You Got This!

Brittany Renz

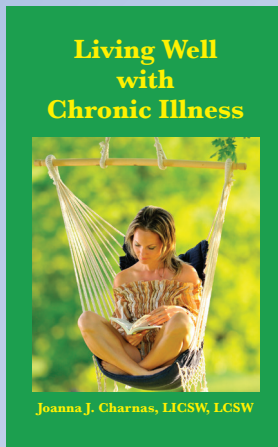
\$19.95

ISBN: 9781933455426

Transitioning to motherhood is hard. Along with it comes a lot of fear, anxiety and responsibility. You want to provide everything for your new child, and it is all too easy to let other things - like self care - slide. How do new moms stay on top of finances, a healthy diet, housework, a fitness routine, work, and other personal needs?

"More than a how-to, this is a book that opens readers' minds to possibilities ahead." - Library Journal

HEALTH & FITNESS



Living Well with Chronic Illness

Joanna J. Charnas, LICSW, LCSW

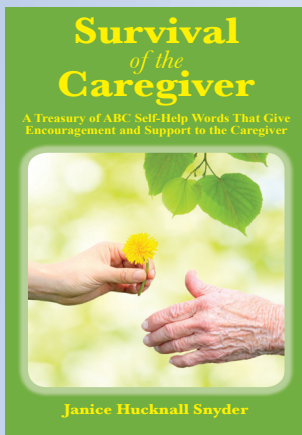
\$19.95 (Hardcover \$29.95)

ISBN: 9781933455150 (Hardcover ISBN: 9781950328130)

Living Well with Chronic Illness is a self-help guide for anyone who has a chronic illness or who knows and cares about someone else who does. The 20 chapters concisely address a comprehensive range of issues including daily routines, relationships, medical and legal services, a joyful life, and much more.

American Book Fest Best Book Awards Finalist.

"Full of valuable tips & resources"
– *Library Journal*



Survival of the Caregiver: A Treasury of ABC Self-Help Words That Give Encouragement and Support to the Caregiver

Janice Hucknall Snyder

\$19.95 (Hardcover \$39.99)

ISBN: 9781942891062 (Hardcover ISBN: 9781942891598)

Sharing the author's ins and outs, ups and downs of caring for her husband for 20 years when he had Parkinson's, followed by dementia, this book is written from the heart. It is as personal as it is informative. The author chose to use an alphabetical list of topics so that a busy caregiver can refer to a special need quickly.

"Every library and senior center should have this book."
MidWest Book Review



The Optimistic Food Addict: Recovering from Binge Eating

Christina Fisanick Greer

\$19.95 (Hardcover \$24.95)

ISBN: 9781942891284 (Hardcover ISBN: 9781942891659)

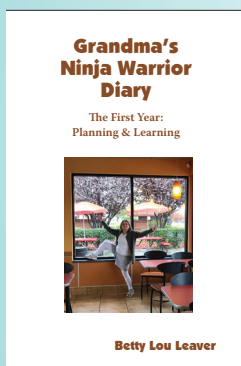
The Optimistic Food Addict explores the author's journey through recovery from binge eating disorder. Inspirational, honest, and motivating, this book is guaranteed to contribute significantly to the recovery of readers who also suffer from food addiction as they feel the gritty, raw truth behind the author's words.

#4 Amazon hot new releases
Recommended by US Review of Books

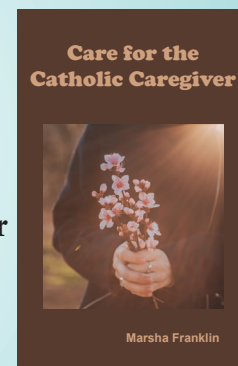
"I rate this book 5 Stars. I highly recommend."
– *Midwest Book Review*

Coming Soon

Grandma's Ninja Warrior Diary



Care for the Catholic Caregiver



HUMOR

Mommy Poisoned Our House Guest, 2nd Edition

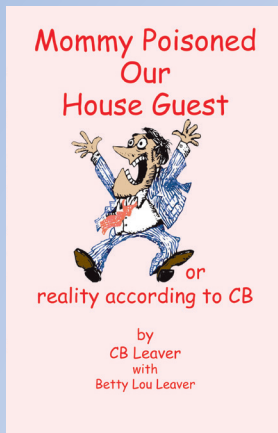
Shenan "CB" Leaver

\$19.95

ISBN: 096799070X

"Great read not only because of the love that went into it but also because the stories are pretty darned funny."
- Amazon reader review

A collection of anecdotes about a "detail-oblivious" not-so-competent homemaker and world traveler, told from the point of view of her mentally challenged son, the simplicity of language has made this book a favorite with ESL students. The humorous "conclusions" about life from a child's point of view endears it to anyone with a sense of humor.



The Musings of a Carolina Yankee

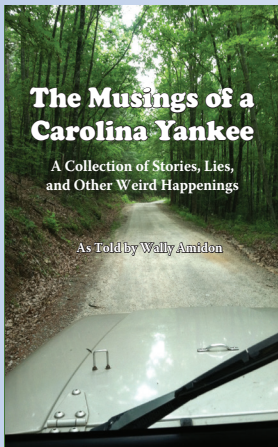
Wally Amidon

\$19.95

ISBN: 9781933455969

"I think I would like to have Wally Amidon as a friend."
- Library Thing

Take a slow ride down a country road and let your mind and spirit find the peace of a wooded wonderland. Stop along the way and listen to the quiet. Read some pretty funny stories about things that happen in nature, with animals, and during hunting season. Encounter some eccentric folks, including Bingo Drake, Rattler & Tiny, and the Hunkering Heckler.



Coming Soon

Mommy Poisoned Our House Guest, or Reality According to CB *third edition*



Greenbacks and Beer: Unlikely Real-Life Stories



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Facebook: <https://facebook.com/MsiPress>

YouTube: <https://www.youtube.com/user/MSIPress>

INSPIRATIONAL & RELIGIOUS

A Believer-in-Waiting's First Encounters with God

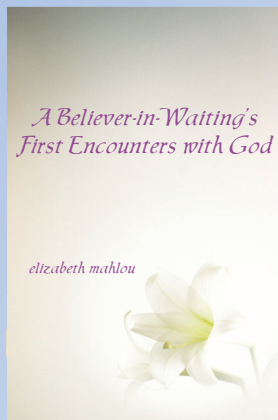
Elizabeth Mahlou

\$19.95

ISBN: 9781933455280

"a very encouraging book"
- Library Thing

The author allows readers an entrée into the world of a modern-day mystic, a world where spirituality, contemplation, hierophany, and miracles unite. Good, evil, suffering, darkness, unknowing, and the unconditional love of God are the leitmotifs that bind the author's experiences from the physical world to the spiritual realm.



A Guide to Bliss

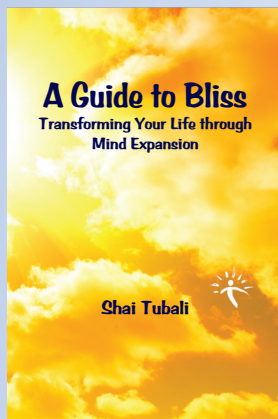
Shai Tubali

\$19.95

ISBN: 9781933455945

*"one of the best gifts with which you can
heal yourself"*
- Reader Views

This practical guide is based on a very simple principle: all our negative emotional and mental states are the result of our currently limited and contracted mind; when we expand our mind, these states dissolve.



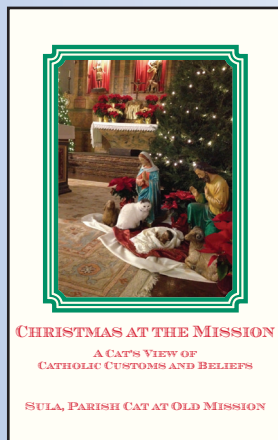
Christmas at the Mission: A Cat's View of Catholic Customs and Beliefs

Sula Parish Cat at Old Mission

\$19.95

ISBN: 9781942891390

Sula the Cat does it again! This time, she is writing about Christmas traditions and how she experiences them as a parish cat. Ever wonder where our various Christmas customs come from? Sula tells you about the history and the customs today, both mainstream American Catholic and Mexican American Catholic customs since both are part of her parish in California. Charmingly illustrated with an Eastern flavor by Russian artist, Zhenya Yanovich.



Easter at the Mission: A Cat's Observation of the Paschal Mystery

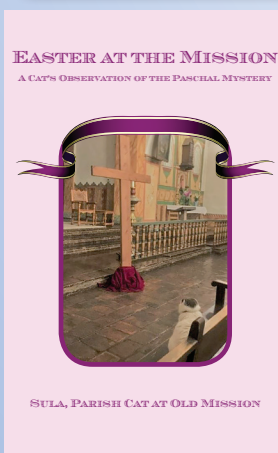
Sula, Parish Cat at Old Mission San Juan Bautista

\$19.95

ISBN: 9781933455747

Sula, the now-famous church cat, tackles a mysterious topic for her fifth book: What is Easter, what is its meaning, what are the beliefs behind Catholic behaviors associated with the Lenten season and Easter, why is it called the Paschal mystery? Sula answers these questions with history, dogma, and humor. And, of course, with pictures, lots and lots of people-cat pictures.

The sections of the book—Ash Wednesday, Lent, Palm Sunday, Holy Thursday, Good Friday, Easter Vigil and East Morning—are beautifully illustrated with drawings by Uliana Yanovich.



INSPIRATIONAL & RELIGIOUS



Everybody's Little Book of Everyday Prayers

Cynthia MacGregor

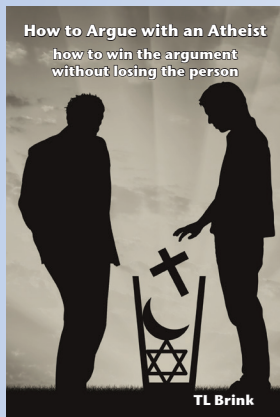
\$19.95

ISBN: 9781933455785

"helpful guide to readers, irrespective of the religion they follow"
-Readers' Favorite

Whether you're a believer but unchurched or are a devout member of a religion, finding the right words to say to God can be a problematic issue. The prayers in this book are nonsectarian—suitable for Protestants, Jews, and Catholics as well as unaffiliated deists who believe in God but not in organized religion. They cover a raft of occasions; if prayer is an integral part of your life, or you would like it to be, you'll find the help you want in this book.

5 Stars Netgalley



How to Argue with an Atheist: How to Win the Argument Without Losing the Person

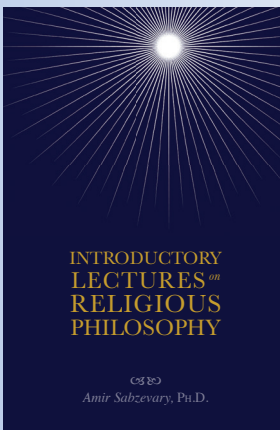
TL Brink

\$19.95

ISBN: 9781942891802

For atheists and believers alike.

Up against the wall in "arguing" with an atheist or challenged by your own inner atheist? TL Brink proposes a simulated discussion, a heuristic for a conversation with an acquaintance, in a formal debate, or with your inner voice. Considering that faith is a commitment to serve God, Brink posits that atheists have refused to participate in the spiritual side of life—and helps them recover by leading them, in a 12 step program, to an exploration of the spiritual dimension. Remember, the goal is to win FOR, not against, that atheist. This book shows you how.



Introductory Lectures on Religious Philosophy

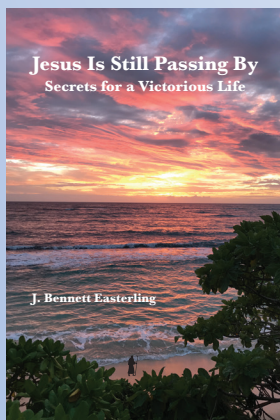
Amir Sabzevary, Ph.D.

\$19.95

ISBN: 9781933455495

Recommended by the US Review of Books.

Professor Sabzevary's intellectual dexterity is matched only by his clarity, not only into perennial religious questions but also the modern condition. Far from leaving religious concepts in the lofty confines of tradition, Professor Sabzevary speaks a religious language with a modern tongue. Rather than simply detailing the nuances of various religious philosophies, Dr. Sabzevary's dialogues place these nuances within the lives of his students, thus evoking a startling intimacy. More than an ecumenical discourse, these lectures move in a profound depth that cannot but tap into the wellspring from which all religious philosophies draw their substance.



Jesus is still Passing By: Secrets for a Victorious Life

J. Bennett Easterling

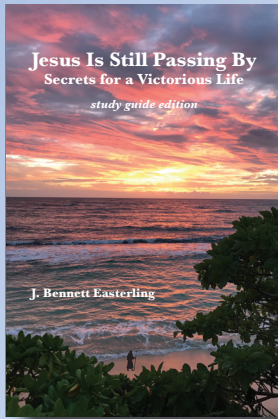
\$19.95 (Hardcover \$29.99)

ISBN: 9781942891963 (Hardcover ISBN: 981950328109)

"refreshing new contribution" - Midwest Book Review

This book shines a welcome new light on the miracles of Jesus. Thirty-six miracles are highlighted, then supplemented with helpful background information. Real life applications applying to our lives today are drawn from each one including powerful true stories of God reaching down and touching people today in miraculous ways. One or two questions are given at the end of each story to help readers reflect on your own faith journey. Readers will find this refreshing new book ideal for both individual devotions and group bible studies.

Pinnacle Book Achievement Award; First Place Christian Literature



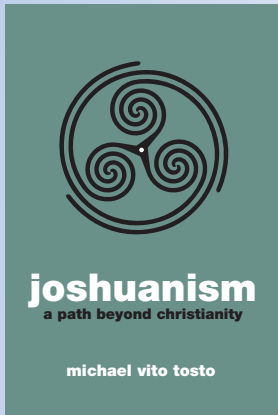
Jesus Is Still Passing by: With Secrets for a Victorious Life: Study Guide

J. Bennett Easterling

\$24.95

ISBN: 9781933455815

Jesus has not limited his miracles to people who lived when he was on earth. Today, miracles continue--and nearly every day someone somewhere reports one. This book is the study guide version of the earlier book by the same title and is ment for use by groups.



Joshuanism: A Path Beyond Christianity

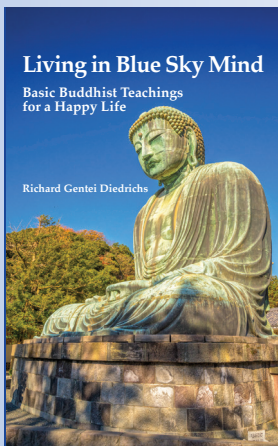
Michael Vito Tosto

\$19.95

ISBN: 9781933455709

*"worth a read"
- Thinking Christian*

Tosto details a new spiritual approach for knowing God in the 21st century: Joshuanism, an evolved expression of Christianity, rooted in the same son of God Christianity worships: Jesus. In this case, we are approaching him with a fresh, unencumbered perspective that returns us to the early days of Christianity.



Living in Blue Sky Mind: Basic Buddhist Teachings for a Happy Life

Richard Gentei Diedrichs

\$19.95 (Hardcover \$ 34.95)

ISBN: 9781942891161 (Hardcover ISBN: 9781942891611)

*"an excellent introduction"
- BTRIPP Books*

We live with minds as open and spacious as the deep blue sky. Living in Blue Sky Mind presents basic Buddhist teachings that keep us on the wholesome path of self-realization toward a happy life. Zen priest and Dharma Teacher Richard Gentei Diedrichs offers simple lessons, anecdotes of personal transformation, and reflective questions to guide us along Buddha's enlightened way.

Buddhist Studies Shelf/Wisconsin Book Watch



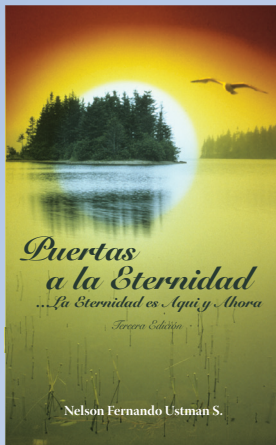
Overcoming the Odds: Excerpts from MSI Publications

Carl D. Leaver

\$19.95

ISBN: 9781933455877

Overcoming the Odds contains real-life stories, excerpts from books on self-help, inspiration & religion, and memoirs, where the authors have successfully stepped over any number of obstacles in their lives. Full of wisdom, remarkable stories, and just plain good reading. Each excerpt is a story in itself. Great bedtime reading--or waiting room reading.



Puertas a la Eternidad

Fernando Ustman

\$19.95

ISBN: 9781933455204

Este libro es un manual de vida y para la vida, donde nos lleva paso a paso a abrir nuevas opciones de crecimiento, trascendencia y evolución para nuestra humanidad que está pasando por pruebas para acceder a maestrías de evolución permanente.



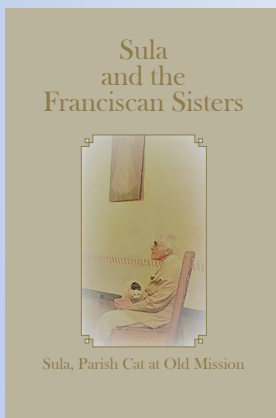
Saints I Know

Sula, Parish Cat at Old Mission

\$19.95

ISBN: 9781942891451

A description of the lives of 21 saints--in both their imperfection and perfection--chosen based on the relationship to a Franciscan Mission, Old iMission San Juan Bautista, told through the eyes of the Mission's cat. The sections of the book including saints related to the founding of the mission (St. Francis, St. John the Baptist, and St. Juniper Serra), the Holy parents (Mary and Joseph), saints whose statues are behind the altar in the Mission, patron saints of animals, patron saints of children, and the favorite saints of the parish priest. A final section addresses future saints.



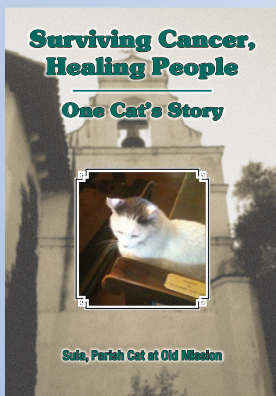
Sula and the Franciscan Sisters

Sula, Parish Cat at Old Mission

\$19.95

ISBN: 9781933455181

Sula returns, this time sharing an extensive array of beautiful pictures of the times she has spent with the Franciscan Sisters of the Atonement. Charming and enchanting with occasional rays of the devine showing up.



Surviving Cancer, Healing People: One Cat's Story

Sula Parish Cat at Old Mission

\$24.99

ISBN: 9781942891086

*"a tale of hope for people fighting cancer"
- The Best Cat Page*

A cat with a divine mission, Sula has an uncanny ability to sense which parishioners at Old Mission San Juan Bautista need her attention at any given Mass. In turn the bond between Sula and the Old Mission parishioners saw her through two bouts of cancer. In these pages, you will find charming, endearing, and inspiring stories, shared by parishioners and told from the point of view of a lovable and amazingly insightful cat.

Reviewers Choice/Small Press Bookwatch
Recommended by US Review of Books

Tale of a Mission Cat

Sula, Parish Cat at Old Mission



a visit to Mission San Juan Bautista with Sula, a cat with a divine mission

Tale of a Mission Cat

Sula Parish Cat at Old Mission

\$12.50

ISBN: 9781942891345

Sula, parish cat at Old Mission San Juan Bautista has written her second book about life at the Mission from a cat's point of view--a special cat, that is, with a mission from God to take care of parishioners. In this book, meant for children, Sula describes her work at the Mission, the parts of a Catholic Mission, and the Catholic faith. She pulls from contemporary experience as well as from the history of the Missions. Beautiful, hard-to-find pictures are sure to delight children of all ages.

When You're Shoved from the Right,
Look to Your Left

Metaphors of Islamic Humanism



Omar Imady

When You're Shoved from the Right, Look to Your Left: Metaphors of Islamic Humanism

Omar Imady

\$12.95

ISBN: 9781933455051

"enchanting set of metaphors"

- Amazon, 5 Stars

This book contains 29 stories originally articulated in Arabic by Bashir Al-Bani, Orator of the Grand Mosque of Damascus and one of the masters of the Sufi Naqishbandi Order. They have been compiled, rendered in English, and introduced by Dr. Omar Imady, professor of humanities and political science. The stories are often comic but often deep in implication. While one story may address the motives underlying human interaction, another story may address how hidden principles guide the way in which our lives unfold. A delicate concern for the value, indeed the sacredness, of human value permeates all the stories.

Coming Soon

ACCUSED

How to Help When Your Priest is in Trouble



Susan Jane

Accused: How to Help When Your Priest is in Trouble, Susan Jane Franklin (tentative release date 2019)

For Love of the Children of Colombia

The Story of Seven Villages, One Priest, People Who Cared, and the Hand of God



Fr. Julio Guarin Sosa,
Meryl del Pilar,
& Betty Lou Leaver

For Love of the Children of Colombia, Fr. Julio Guarin Sosa, Meryl del Pilar, et al... (tentative release date 2019)

Praying with Sula

A Cat Shares the Prayers of the Catholic Church



Sula, Parish Cat at Old Mission

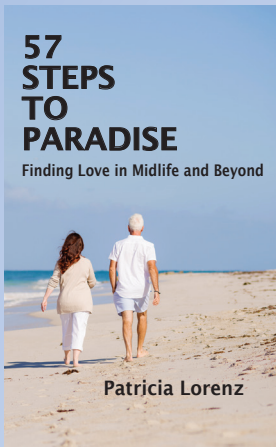
Praying with Sula: A Cat Shares Prayers of the Catholic Church - Sula, parish cat at Old Mission San Juan Bautista (tentative release date 2019)

Angel or Demon



Analis Mora & Elisabeth Mahlou

Angel or Demon - Ananis Mora & Elisabeth Mahlou (tentative release date 2019)



57 Steps to Paradise: Finding Love in Midlife and Beyond

Patricia Lorenz

\$19.95

ISBN: 9781942891185

*"Guaranteed to advise as well as amuse." -
Recommended by US Review of Books*

Looking for love in your 40's, 50's, 60's, 70's and yes, even your 80's or 90's? 57 STEPS TO PARADISE will help you navigate dating in midlife and beyond. Lorenz unzips her soul and exposes her foibles during 50 years of men weaving their way in and out of her life, providing a heap of wit and wisdom to help you make life-changing decisions about love and, perhaps, a life partner.



Blest Atheist

Elizabeth Mahlou

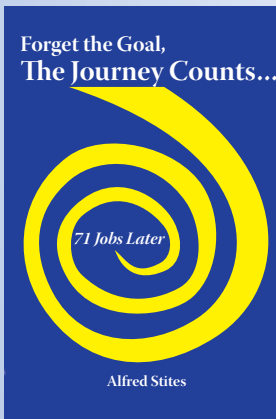
\$19.95

ISBN: 9781933455112

*"Mahlou shows great promise as a writer."
- Readers' Favorite*

Beth finds God in a very simple yet most unusual way. Blest Atheist encompasses the greatest literary themes of all time – alienation, redemption, and even the miraculous. The author's life experiences, both tragic and tremendous, result in a spiritual journey containing significant ups and downs that ultimately yield great joy and humility.

Christian Studies Shelf Small Press Bookwatch



Forget the Goal, The Journey Counts...71 Jobs Later

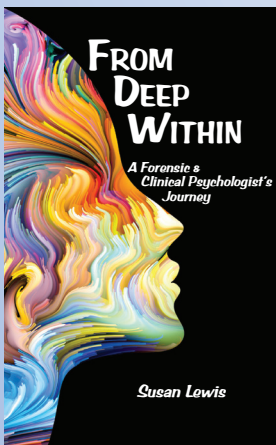
Alfred Stites

\$19.95

ISBN: 9781933455266

*"racy, vigorous, direct, exuberant, and humorous"
- Amazon review*

Everyone has at least one story to tell; Alfred Stites has a lifetime's worth. Candid, humorous, thought provoking and interesting, his writing delights both young and old.



From Deep Within: Forensic and Clinical Psychologist's Journey

Susan J. Lewis, Ph.D., J.D.

\$19.95 (Hardcover \$29.99)

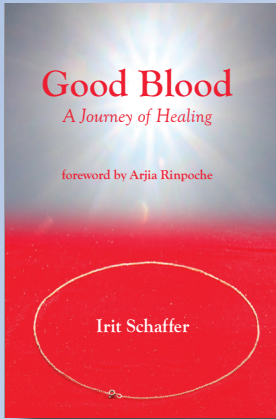
ISBN: 9781942891758 (Hardcover ISBN: 9781950328116)

*"Readers will gobble up the pages of this book
faster than they would a psychological thriller."*

Criminals, innocent victims, perpetrators--all without a voice, driven by their demons to suffer a lifetime of serious mental illness--share their innermost secrets with the author, a clinical and forensic psychologist. Enter the dialogue: open to the first page. You won't stop reading!

5 Stars, Readers' Favorite

Good Blood: A Journey of Healing



Irit Schaffer

\$24.95

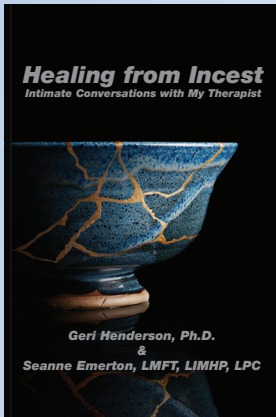
ISBN: 9781942891222

When she was a child, her father said that he had “good blood” and it was why he and his wife survived and healed from the Holocaust. The author searched for the meaning and significance of her father’s words over two continents and through four generations. Her journey uncovered a unique voice of wisdom revealing mysteries of the healing powers within us and the existence of light in every situation that helps us overcome and transcend any obstacle.

Book Excellence Award

**“Loved the book!”
- Midwest Book Review**

Healing from Incest: Intimate Conversations with my Therapist



Geri Henderson & Seanne Emerton

\$24.95 (Hardcover \$39.95)

ISBN: 9781933455532 (Hardcover ISBN: 9781942891550)

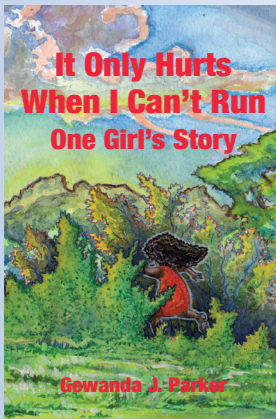
This book tells the story of a victim/survivor, working with her therapist to find healing. Readers learn about the therapeutic process as Henderson relates her conversations and feelings as a victim of child abuse and Emerton interprets those feelings and describes interventions. This frank narrative will be reassuring in its descriptions of her journey of hope and healing.

Finalist, Book of the Year Award.

Book Excellence Award

**“Henderson & Emerton have bravely
gone where few are willing to tread.”
- Psych Central**

It Only Hurts When I Can't Run: One Girl's Story



Gewanda Johnson

\$19.95

ISBN: 9781933455808

This is the childhood story of a successful pastor, humanitarian, and international speaker who suffered years of abuse, bounced among homes. While the author could easily have given up, she overcame and serves as an inspiration to others suffering from abuse and low self-esteem.

#4 in Amazon hot new releases

Recommended by US Review of Books

**“Impressively candid, exceptionally informative, and
ultimately inspiring.” - Midwest Review of Books**

Las Historias de Mi Vida



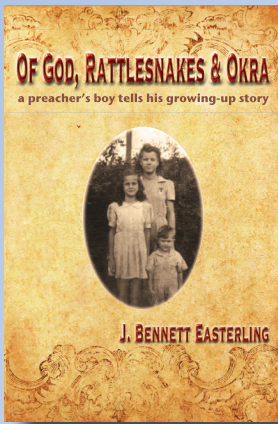
Fernando Ustman

\$19.95

ISBN: 9781933455723

Las historias que se han seleccionado para este texto, de alguna manera se asemejan en ciertos aspectos a nuestras propias vivencias en el amor, en el perdonar, en el arte de reír, en la nostalgia del llorar, en el correr.

MEMOIR



Of God, Rattlesnakes, and Okra

J Bennett Easterling

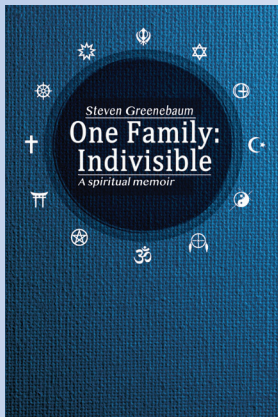
\$19.95

ISBN: 9781933455754

A collection of stories by a pastor's son of growing up in the deep South. Heartwarming, insightful, and well written, this book is the kind one settles down with on a rainy day and experiences sunshine from within the pages.

Pinnacle Book Achievement Award.

"a personal memoir from a natural story teller."
- US Review of Books



One Family: Indivisible: A spiritual memoir

Steven Greenebaum

\$19.95

ISBN: 9781933455464

Throughout history we have divided ourselves into groupings of "us" and "them". One Family: Indivisible engagingly invites the reader into the deeply spiritual and lifelong journey of the author to find a way to acknowledge our differences without dividing and subdividing ourselves into competing tribes. It is a journey of mountain tops and deep valleys, but it leads to the inclusivity and mutual respect possible with Interfaith. This is a book for seekers of all races, ethnicities, and spiritual paths who search for that elusive goal of a community of love and inclusion that also respects our diversity.



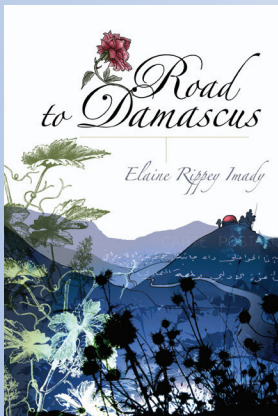
One Simple Text...The Liz Marks Story

Betty Shaw (Author), Dave Brown (Author)

\$19.95

ISBN: 9781933455518

In *One Simple Text...*, Betty Shaw recounts her daughter's frightening and arduous but ultimately uplifting and inspirational journey. Betty chronicles Liz's ordeal from the day of the accident and provides a glimpse of their life on the speaking and television circuit. This is a poignant memoir about a young woman who triumphed over tragedy; a mother and daughter's love; and the indomitable power of the human spirit.



Road to Damascus

Elaine Imady

\$19.95 (Hardcover \$39.95)

ISBN: 9781933455136 (Hardcover ISBN: 9781942891512)

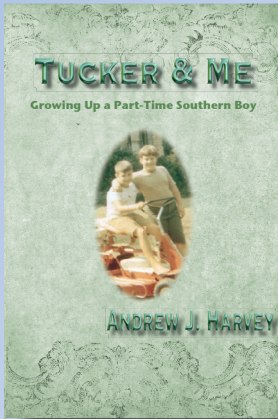
Road to Damascus describes the Middle Eastern journey of an American who falls in love with a Syrian at school in New York. Giving up her country and her religion to follow her husband back to Syria, Elaine Imady has made a life that has successfully bridged two cultures and two continents. Her life is symbolic of the best of what can be when two cultures come together.

Recommended by US Review of Books
Eric Hoffer Award: First Runner Up

"Openly presents Syria, warts and all."
- Syria Comment

MEMOIR

Tucker & Me: Growing Up a Part-Time Southern Boy



Andrew Harvey

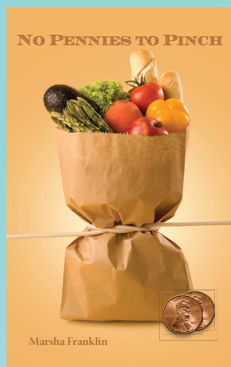
\$19.95

ISBN: 978-1942891857

“unreservedly recommended”
- Midwest Book Review

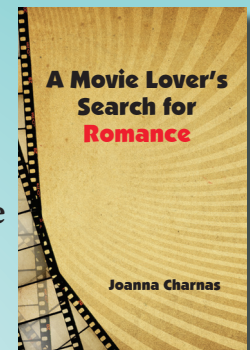
Tucker & Me: Growing Up A Part-Time Southern Boy is the story of a child growing up in the Mad Men era of the 1960's. Filled with humor, sadness, and harrowing incidents, the memoir reflects all the emotions of life one experiences growing up, in this case, with a single mom who lived in Los Angeles and a father who lived in a small town suburb of Atlanta, Georgia known as Tucker. Traveling in the summers to the alternate universe in Tucker, the author experienced a roller coaster ride of two completely different lifestyles.

Coming Soon



No Pennies To Pinch

A Movie Lover's Search for Romance



Contribute to the *Journal for Distinguished Language Studies*

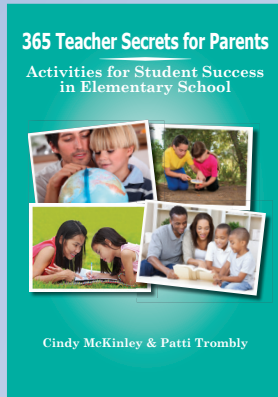


Founded in 2003, the Disgintuished Language Journal is the only periodical dedicated exsluviely to teaching and learning language at the near-native level. Referred by a group of international experts on high level language learning, the Distinguished Language Journal, published annually, the Distinguished Language Journal accepts contributions in the areas of research, assessment, theory, and praxis. Each issue also carries a personal learning experience of a learner who has achieved native-like proficiency in another language. Articles for a 'bridge' volume, 2011-2020 will be accepted until January 31, 2020. Articles for the 2021 issue of the journal will be accepted through June 30, 2020. Address contributions and inquiries to editor@msipress.com.

To submit a proposal
to MSI Press (or San Juan Books)

Follow instructions at www.msipress.com/contact_us

365 Teacher Secrets for Parents: Fun Ways to Help Your Child Succeed in Elementary School



Cindy McKinley & Patti Trombly

\$29.95

ISBN: 9781933455273

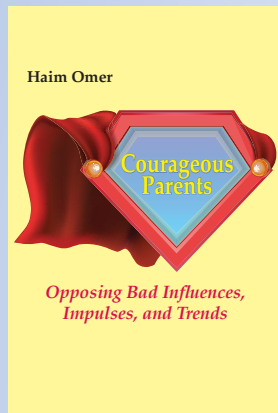
This reference book, written by two experienced and successful (and, frankly, brilliant and talented) elementary school teachers, provides a day-by-day set of practical ideas and activities that parents can do at home with their elementary school-age children.

USA Best Book Awards

Recommended by US Review of Books

“an excellent book for parents to guide their children effectively”
-Readers’ Favorite, 5 Stars

Courageous Parents: Opposing Bad Influences, Impulses, and Trends



Haim Omer

Haim Omer

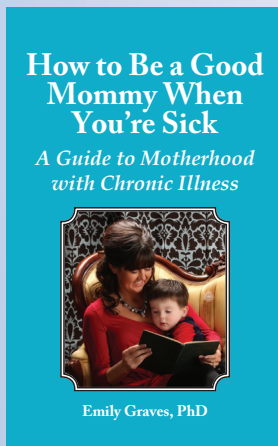
\$19.95

ISBN: 9781950328017

Wise advice from a highly experienced psychologist for parents who find their children out of control. Based on personal family experience, research, and years of practice, Dr. Haim Omer provides parents with the tools and techniques (and thought processes) need to bring functionality to a dysfunctional family, regardless of the source of the dysfunction.

“sagacious and accessible to any parent

How to Be a Good Mommy When You’re Sick: A Guide to Motherhood with Chronic Illness



How to Be a Good Mommy When You’re Sick

A Guide to Motherhood with Chronic Illness

Emily Graves, PhD

Emily Graves

\$19.95

ISBN: 978-1933455891

Emily chronicles the challenges and successes and shares her experience and tips with other mothers suffering from chronic illness. A formula for surviving and thriving, this book is meant as a source of inspiration and support for any mother who has to do the impossible every single day.

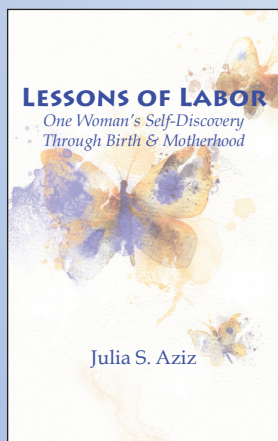
Recommended by Library Journal

5-Heart Review by Foreword Reviews

Highly Recommended by Midwest Book Review

“should be read by family, friends, and caregivers”
- Readers Views

Lessons of Labor: One Women’s Self-Discovery Through Birth & Motherhood



LESSONS OF LABOR
One Woman’s Self-Discovery Through Birth & Motherhood

Julia S. Aziz

Julia S. Aziz

\$19.95

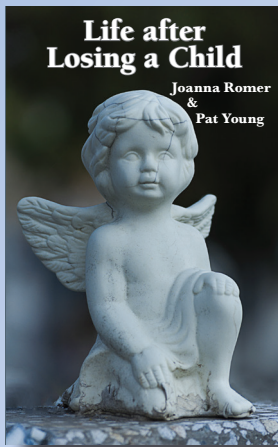
ISBN: 978-1933455921

In telling the intimate birth stories of her three children and one miscarriage, Julia shows us how giving birth can be one of motherhood’s (and life’s) greatest teachers.

Featured review in Foreword Reviews

Recommended by US Review of Books

“Powerful lessons”
- Portland Book Review



Life after Losing a Child

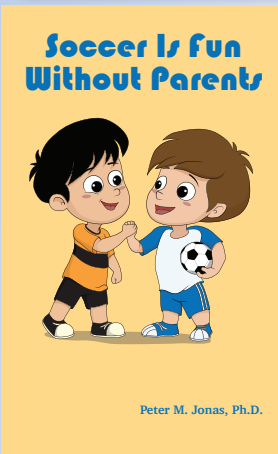
Joanna Romer & Pat Young

\$19.95

ISBN: 9781942891710

Life after Losing a Child tells the poignant stories of a dozen individuals who have suffered the loss of a child, and describes how they learned to heal. This book shows readers who have suffered the loss of a loved one how to come to grips with the loss and handle the grief, how to engage in activities that help the healing process, and how to find the strength to move on.

"should be part of every community library collection in the country"
-Midwest Book Review



Soccer Is Fun without Parents

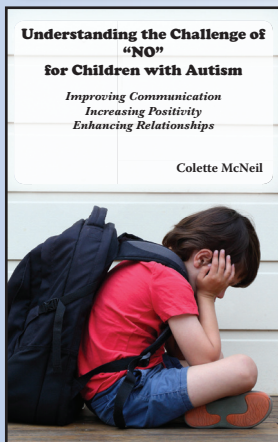
Peter M. Jonas

\$19.95

ISBN: 9781933455440

Approximately 75 percent of children who play organized sports quit by age 13. While there is no definitive answer about why, many researchers suggest that it is because of pressure from parents. One referee always likes to say that he equates kid's soccer to a musical recital. Parents don't yell instructions to their seven-year old when they are singing or playing the piano. They are not jumping up from their seats when the proper chord is struck, yelling, "Great job, Jimmy!" or "Big kick on the next chord!" Yet, they feel it is OK to do so on the soccer field. Why?

Readers Favorite Bronze Medal



Understanding the Challenge of "NO" for Children with Autism

Colette McNeil

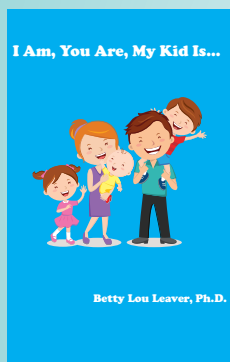
\$19.95 (Hardcover \$29.99)

ISBN: 9781942891765 (Hardcover ISBN: 9781950328123)

The author invites you on a journey in unfolding small layers of awareness, illuminating how thoughtfully chosen vocabulary can greatly enhance your relationship with a child with autism. The pages within are filled with teachable tales exploring the communication, emotional regulation and relationship difficulties that common habitual language may trigger when engaging children with autism. Each tale absorbs the reader in a typical life scenario related to specific usage of the word, no, creating an engaging, informative, and personally relatable experience.

"Understanding the Challenge of 'No' for Children with Autism is a 'must-have' for parents with and educators responsible for autistic children, highly recommended." Book Review by *MidWest Book Review*

Coming Soon

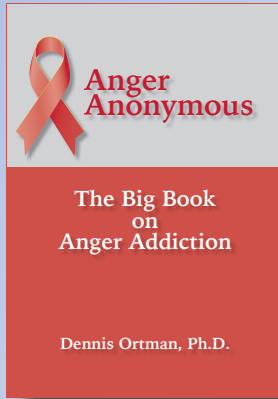


I Am You Are, My Kid Is...

Cold Heat & Crazy Doctor



Anger Anonymous: The Big Book on Anger Addiction



Dr. Dennis Ortman

\$24.95 Hardcover \$39.99

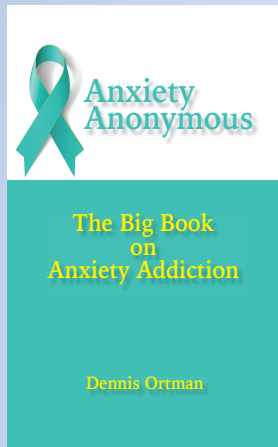
ISBN: 9781942891413 (Hardcover ISBN: 9781950328093)

Viewing your anger as an addiction, Dr. Ortman guides you through the time-tested Twelve Steps of Alcoholics Anonymous to find healing and growth. He shows how the Steps offer practical wisdom to use the natural energy of your anger wisely and well, neither suppressing nor indulging it. The Steps provide guidance for your personal journey into your hostile moods so that you can discover your true self and release the Power within you.

Finalist Book of the Year Award

*“an immensely beneficial emotional health handbook”
- Misanthropist*

Anxiety Anonymous: The Big Book on Anxiety Addiction



Dr. Dennis Ortman

\$24.95 (Hardcover \$44.95)

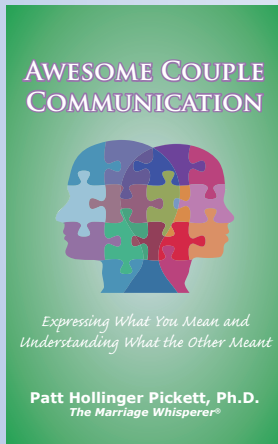
ISBN: 9781942891000 (Hardcover ISBN: 9781942891567)

Viewing anxiety as an addiction, Dennis Ortman, Ph.D. guides you through the time-tested Twelve Steps of Alcoholics Anonymous to find relief from your anxiety. He shows how the Steps offer practical wisdom on how to transform your anxious habits of thinking into constructive action.

American Book Fest Best Book Award Finalist

“Definitely worth a read for anyone with anxiety or panic disorders.” - Library Thing

Awesome Couple Communication: Expressing What You Mean and Understanding What the Other Meant



Patt Hollinger Pickett

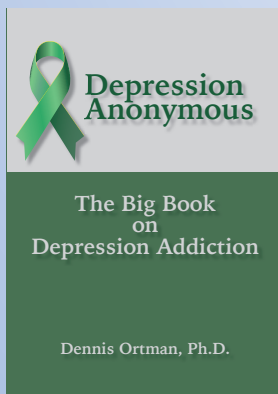
\$19.95

ISBN: 9781942891215

Awesome Couple Communication presents In simple, jargon-free language and with clear examples, 14 couples with communication challenges. Dr. Patt describes the source of the miscommunication and presents suggestions for other couples in similar circumstances to follow in moving from awful communication to the awesome communication level. Using Emotional Intelligence Theory and her own “Pickett’s Pyramid of Possibilities(c)” that is based upon thousands of hours of assistance to couples in therapy, the author provides tips, principles, Q&A, and healthy alternatives to help build communication that strengthens relationships.

“Besides being valuable for couples it is also a book for therapists to add to their own libraries.” - US Review of Books (recommended)

Depression Anonymous: The Big Book on Depression Addiction



Dennis Ortman

\$29.95

ISBN: 9781942891260

Viewing your depressed mood as an addiction, Dr. Ortman guides you through the time-tested Twelve Steps of Alcoholics Anonymous to find healing and growth. He shows how the Steps offer practical wisdom to awaken your spirit deadened by your depression. The Steps provide guidance for your personal journey into the darkness of your mood so that you can discover your true self and release the Power within you.

“Very useful tools.” - Amazon 5 Star



El Poder de lo Transpersonal (Spanish Edition)

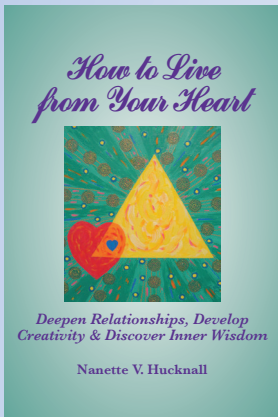
Nelson Fernando Ustman S.

\$19.95

ISBN: 9781933455297

En lo Transpersonal todas las cosas se conectan y nada está suelto ni es independiente, igual las palabras de este libro están unidas las unas a las otras como los hechos de nuestra vida para poder lograr una alianza entre la razón y la emoción, entre lo humano y lo divino, entre oriente y occidente, entre el pasado y el futuro, entre arriba y abajo. Todo para lograr entender que somos uno y que estamos conectados con un propósito divino. Solo que pocos lo recuerdan.

4.5 Stars - Goodreads



How to Live from Your Heart: Deepen Relationships, Develop Creativity, and Discover Inner Wisdom

Nanette V. Hucknall

\$19.95

ISBN: 9781942891246

Heart energy comes from an always loving and wise Higher Source. Nurturing, warm, quiet, refined, and all encompassing, heart energy brings spiritual growth that fosters creativity, attracts loving relationships, and engenders peace and happiness. This practical book not only teaches you how to live from your heart but also provides scads of practice activities.

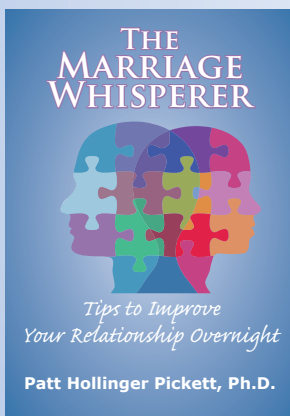
American Book Fest Award Finalist

**Pinnacle Best Book Award
Finalist, Book of the Year Award
Finalist, America Book Fest Best Books Award**

Book Excellence Award

Pinnacle Book Achievement Award

Book of the Year Award Finalist



The Marriage Whisperer

Patt Hollinger Pickett, Ph.D

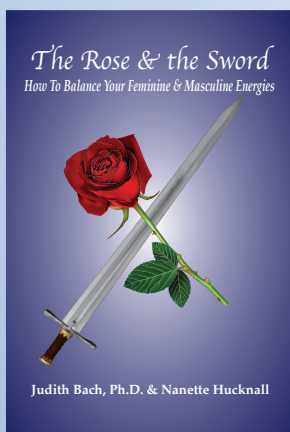
\$22.95

ISBN: 9781933455655

This jargon-free, self-help title, written by an experienced Licensed Marriage and Family Therapist and inspired by over 10,000 conversations, delivers 70 couple stories with humor and practical tips for lasting relationship improvement. Themes include communication, habits, chores, arguments, sex, intimacy, and more.

Gold Medal Winner 2013; Eric Hoffer Award Honorable Mention 2015; IPPY "Living Now" Awards; Recommended by US Review of Books.

"Wise, sensible, and professional touch." - Savvy Book Writers



The Rose and the Sword

Dr. Judith Bach & Nanette Hucknall

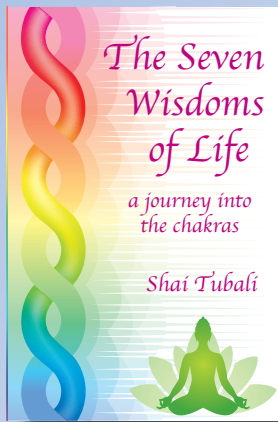
\$19.95 (Hardcover \$29.99)

ISBN: 9781933455365 (Hardcover ISBN: 9781950328079)

A unique combination of fiction and self-development, this book invites the reader to enter a realm of modern and fantasy tales that stimulate both mind and feelings. At the end of each story is a psychological commentary that provides a deeper understanding and an exercise to begin the process of integrating the energies.

Recommended by *US Review of Books*.

"This is a very meaningful book." - LibraryThing



The Seven Wisdoms of Life: A Journey into the Chakras

Shai Tubali

\$19.95 (Hardcover \$29.99)

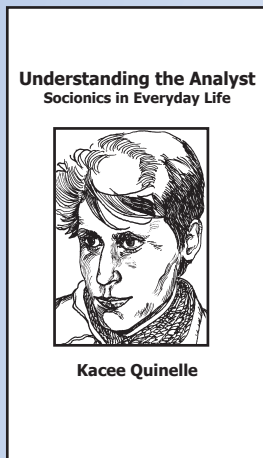
ISBN: 9781933455686 (Hardcover ISBN: 9781950328086)

One of the most comprehensive books ever written about the chakras and their role in human life, *The Seven Wisdoms of Life* is grounded not in esoteric theory but rather in the down-to-earth way we can consciously use the teachings of the chakras in order to become fully balanced and fulfilled human beings.

Finalist, Book of the Year Award.

Finalist, USA Best Book Award.

"a very practical approach that beginners and advanced users alike can appreciate"
- The Esoteric Quarterly



Understanding the Analyst: Socionics in Everyday Life

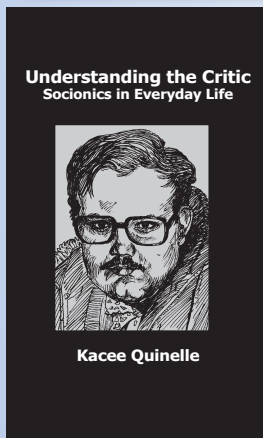
Kacee Quinelle

\$14.95

ISBN: 9781942891666

Based on Filatova's *Understanding the People around You*, this book examines the Analyst personality type (logical and methodical) at work, home, and play and helps others to understand Analysts and Analysts to understand themselves. Exercises included.

Companion volume to *Understanding the People Around You*.



Understanding the Critic: Socionics in Everyday Life

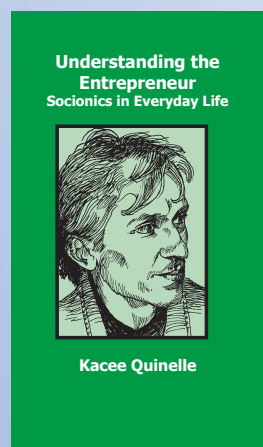
Kacee Quinelle

\$14.95

ISBN: 9781942891123

Based on Filatova's *Understanding the People around You*, this book examines the Critic personality type (logical and methodical) at work, home, and play and helps others to understand Critics and Critics to understand themselves. Exercises included.

Companion volume to *Understanding the People Around You*.



Understanding the Entrepreneur: Socionics in Everyday Life

Kacee Quinelle

\$14.95

ISBN: 9781942891109

Based on Filatova's *Understanding the People around You*, this book examines the Entrepreneur personality type (logical and methodical) at work, home, and play and helps others to understand Entrepreneurs and Entrepreneurs to understand themselves. Exercises included.

Companion volume to *Understanding the People Around You*.

Highly recommended by Midwest Book Review

PSYCHOLOGY & PHILOSOPHY

Understanding the People Around You: An Introduction to Socionics

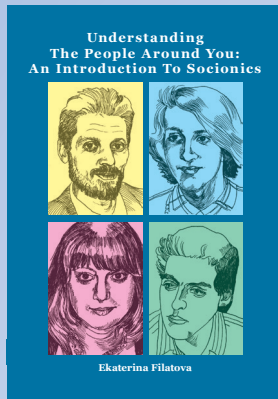
Ekaterina Filatova

\$19.95

ISBN: 9780967990767

"A great book that covers the fundamentals of Socionics." - Quera

The field of socionics (personality type along the lines of Jung's theories) is fully covered in this book for American readers. The author is one of the leading socionists in Russia and Europe. The examples and discussions are written at a lay level and are meant for the everyday reader.



Understanding the Romantic: Socionics in Everyday Life

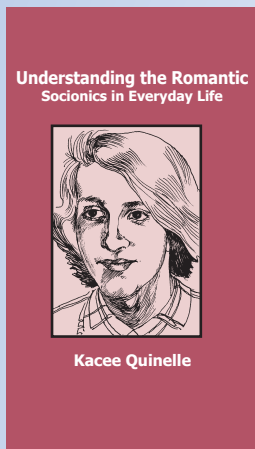
Kacee Quinelle

\$14.95

ISBN: 9781942891369

Based on Filatova's *Understanding the People around You*, this book examines the Romantic personality type (logical and methodical) at work, home, and play and helps others to understand Romantics and Romantics to understand themselves. Exercises included.

Companion volume to *Understanding the People Around You*.



Understanding the Seeker: Socionics in Everyday Life

Kacee Quinelle

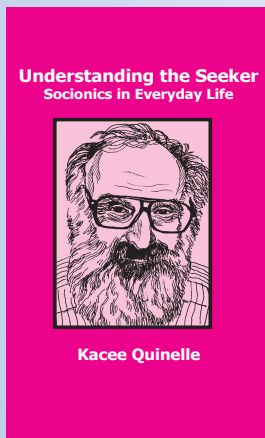
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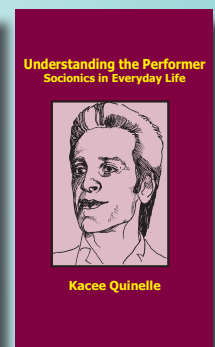
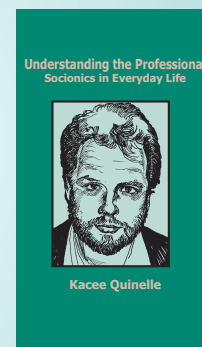
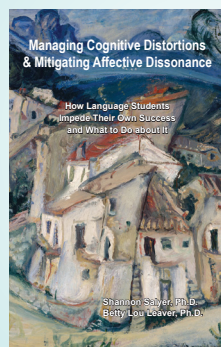
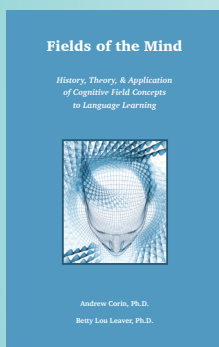
Based on Filatova's *Understanding the People around You*, this book examines the Seeker personality type (the dreamers of the world) at work, home, and play and helps others to understand Seekers and Seekers to understand themselves. Exercises included.

Companion volume to *Understanding the People Around You*.

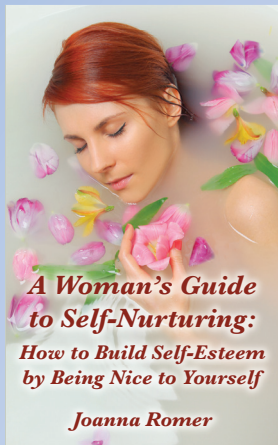
5 Stars, Library Thing



Coming Soon



SELF HELP



A Woman's Guide to Self-Nurturing

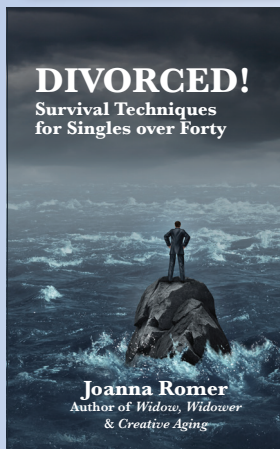
Joanna Romer

\$19.95 (Hardcover \$34.95)

ISBN: 9781942891024 (Hardcore ISBN: 9781942891574)

This book helps you determine what nourishes your self-esteem. Expand your repertoire of self-nurturing techniques and get a new perspective. Joanna Romer combines specific guidelines with inspiring examples of self-nurturing.

"Gracefully demonstrates the difference between 'being' and 'doing' an important message for too-busy wome." - Readers' Favorite



Divorced! Survival Techniques for Singles over Forty

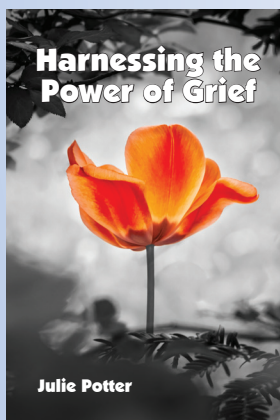
Joanna Romer

\$19.95

ISBN: 9781933455006

This book shares the stories of men and women who have gone through the trauma of divorce and now feel comfortable talking about it. Turning to God, friends, family, and therapy, these adults pulled their lives together. Whether your divorce was recent or years ago, the guidelines in this book will help you put heartache aside and begin a new and fulfilling life.

"The guidlines in this book will help you put your heartache aside and begin a new and fullfilling life." - Goodreads



Harnessing the Power of Grief

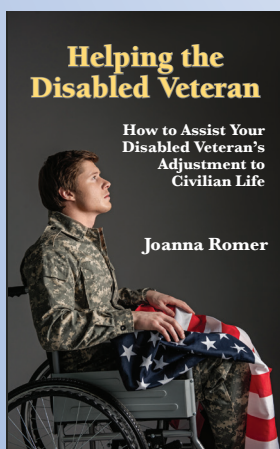
Julie Potter

\$19.95

ISBN: 9781950328147

Julie Potter is now stronahger to grief, having, in her career, coordinated a hospital-based well-ness program including a spousal bereavement program. In this book, she traces back decades the research on understanding and coping with gried,, which she describes as a natural human repsonse to loss.. Pulling from the work of Worden, the author prescribed four tasks for those in grief to use in managing their greid. She also walks the reader through special situation s like tragic loss without warning. A book for those who are grieving and those who are walking with grieverers.

a way to control grief and not let it control you



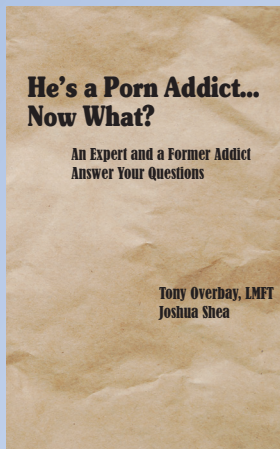
Helping Our Disabled Veteran: How to Assist Veteran's Adjustment to Civilian Life

Joanna Romer

\$19.95

ISBN: 9781942891789

In this, her final, book, the late Joanna Romer suggests ways to assist disabled veterans leaving the military and trying to integrate back into mainstream society in spite of their disabilities. Chapters contain recommendations, suggestions, and practical suggestions, based on a large number of wide-ranging interviews with disabled veterans about their experiences after retur- ing from war.



He's a Porn Addict...Now What? An Expert and a Former Addict Answer Your Questions

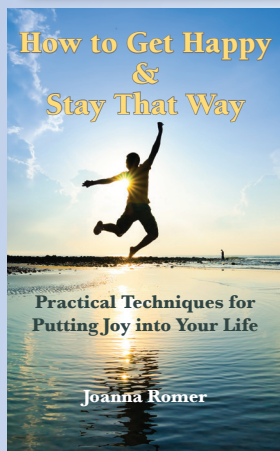
Tony Overbay, LMFT & Joshua Shea

\$19.95

ISBN: 9781960328038

a unique reference and resource

A frank, insightful sharing by a former porn addict and his psychiatrist of how porn addiction happens, who is to blame (and not), and how to recover from it. The book poses those questions that addicts and their friends and families would like to ask but have no where to look for answers. In this book, each question is answered both by the recovering addict and by his psychiatrist, who has successfully treated more than 100 porn addicts.



How to Get Happy & Stay That Way: Practical Techniques for Putting Joy into Your Life

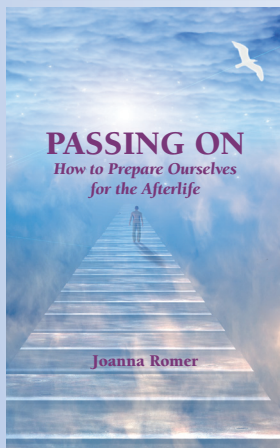
Joanna Romer

\$19.95

ISBN: 9781942891147

*"I found the book insightful and uplifting at the same time."
- Reader's Favorite & Midwest Book Review*

A look at the source of happiness, based on interviews with twelve of the happiest people that the author knows, most of whom have had what might be considered difficult lives. At the end of each chapter, the author provides guidelines for achieving happiness. An excellent book for developing self-awareness and an attitude of gratitude, leading to peace and joy.



Passing on: How to Prepare Ourselves for the Afterlife

Joanna Romer

\$19.95

ISBN: 9781942891307

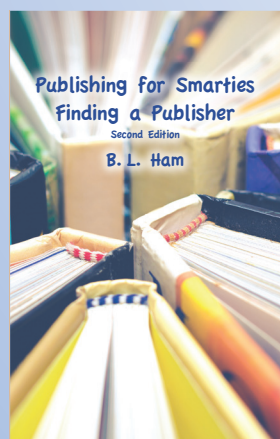
*"a beautifully written & fascinating guide"
- Readers' Favorite*

Do we meet up with loved ones after we pass on?

Do we take form as a physical entity or are we pure essence?

Do time and space exist in the afterlife, and what are the characteristics of the afterlife...is it as joyful, loving and forgiving as those who have undergone a Near-Death Experience claim?

This book is for people of all ages who are interested in a future beyond earthly existence, and what can be done to prepare ourselves for it!



Publishing for Smarties: Finding a Publisher, 2nd edition

B.L. Ham

\$19.95

ISBN: 9781942891734

*"Kickstart your book's journey to the market place."
- 5 Stars Amazon*

Having trouble getting your book published? Or are you a new author, wondering how to avoid the long wait through dozens of submissions find an author? This book is for you! Written from the perspective of an acquisitions editor for a publishing house.



Recovering from Domestic Violence, Abuse, and Stalking

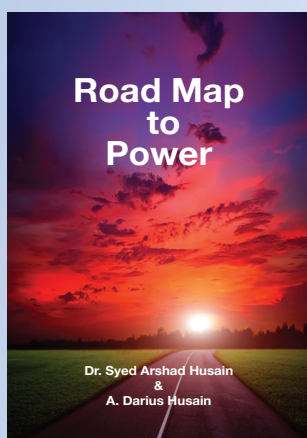
Joanna Romer

\$19.95

ISBN: 9781942891321

Sharing true stories of women who overcame traumatic personal situations and began new lives, the author provides meaningful analysis on regaining self-esteem, dealing with fear, and handling remorse. Advice from therapists help survivors heal themselves and avoid typical pitfalls. An essential guide for those who have escaped a dangerous situation or are recovering from the loss of a loved one due to domestic violence.

*"A valuable resource for those still searching for help."
- Recommended by US Review of Books*



Road Map to Power

Dr. Syed Husain & Darius Husain

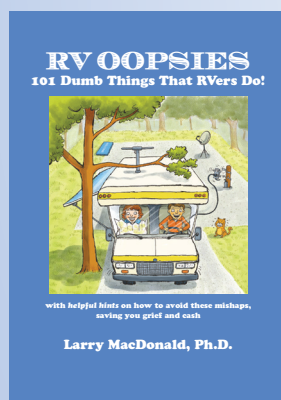
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ISBN: 9781942891048

Offering a detour from the dead end of this "buy more, be more" culture, the authors demonstrate why the traditional routes to power are accessible only for an elite few. Wrapping warm, profound stories of empowerment around an extensive body of research, Road Map to Power is your guide to a life of dignity, satisfaction, and happiness.

Readers' Favorite Bronze Medal

*"Expertly covers what is authentic power."
-Recommended by US Review of Books*



RV Oopsies: 101 Dumb Things That RV'ers Do!

Larry MacDonald

\$24.95

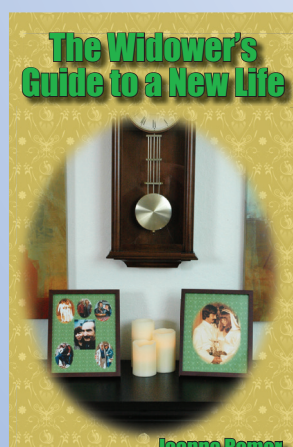
ISBN: 9781942891727

Every year thousands of RVers hit the road for fun and adventure, but RVing has built in misadventures—backing into a tree, bending a jack stand, and more--spoiling an otherwise perfect outing.

For the past ten years, the author has asked RVers the same question: "What's the dumbest thing you've done while RVing?" Each year, he has given an award for the dumbest mishap.

In this funny and helpful handbook, 101 of these mishaps come together so the reader can learn from other people's mistakes, saving them unnecessary grief and cash.

*This is a great RV Bible.
-Readers Favorite*



The Widower's Guide to a New Life

Joanna Romer

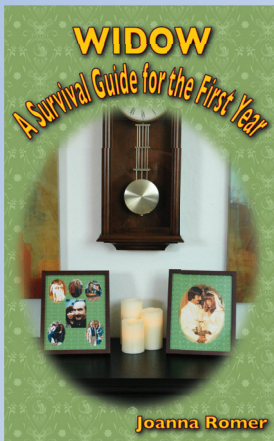
\$19.95

ISBN: 9781933455488

The Widower's Guide to a New Life shares the experiences of ten bereaved men as they cope with the trauma of losing a spouse. Guidelines are provided from each widower's personal experiences, making this book a compendium of useful suggestions for getting through this difficult period with knowledge and grace.

Book-of-the-Year Award (BOTYA) finalist for 2014 • Library Journal starred review • 5 Hearts from Foreword Reviews

*"Romer's voice is practical, experienced, and straight forward. Her advice is compassionate and upbeat." -
Foreword Reviews*



Widow: A Survival Guide for the First Year

Joanna Romer

\$19.95 (Hardcover \$34.95)

ISBN: 9781933455242 (Hardcover ISBN: 9781942891536)

This book takes new widows on a journey from the first difficult days of widowhood through 12 months of self-discovery. Guidelines are provided for each new phase, making this book a practical self-help book.

Reviewer's Choice Small Press Bookwatch Midwest Book Review.

"Readers will come away from this work considering the author and her survival guide as significant new friends."
- *US Review of Books*



Widow: How to Survive (and Thrive!) in Your 2D, 3D, and 4th Years

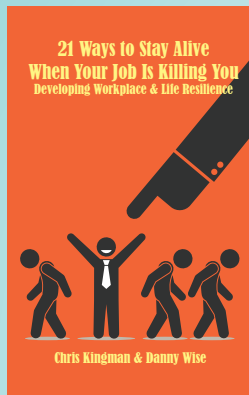
Joanna Romer

\$19.95

ISBN: 9781942891901

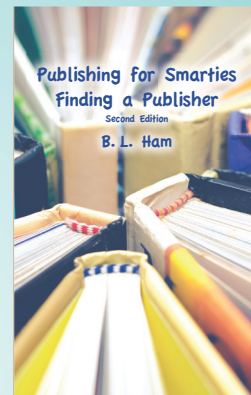
This book takes widows beyond the difficult days of the first year into new opportunities for growth and discovery. Along the way you will learn how to handle dating, sex and starting a new relationship, how to tackle tasks such as re-entering the job market or developing a new mission for your life, and how to handle the long-term effects of grieving without having it take over your life.

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