English in a Hurry

Tried and True Tools to Make the Study of English Easier, Faster, and More Fun

Emilie Cleret

Betty Lou Leaver, series editor

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These seem the obvious divisions – let me know if you think any important ones are missing. If we write about ten pages per topic, it will be a good-sized book. Remember, one 8.5 x 11 page will result in two pages in a 5x8 published book.

We can also add illustrations.

Any thoughts of something that would be specifically English related? The role of syntax for morphologically oriented languages comes to mind, but that would fit under grammar.

Introduction

I will write this.

Preparing to Learn English at Your Best

(Introductory words – the connection between the body and the brain)

Eating to remember

(more than just bananas; there are some neat new studies out; I can write them up in a page or so)

Fasting vs Lasting

Between the Muslins learning English during Ramadan, Catholics during Lent, and the rest of the world enthralled with the 10-6 diet, perhaps a paragraph about what the body needs to function would be helpful

The Sweetness of Sleep

Endorphins to the Race!

Making the Most of Memory

(this would be generic – not the techniques associated with learning vocabulary – again new studies are just out that will be helpful)

Talking Yourself out of OR into Learning Success

These are the cognitive distortion tips – I can write this; you can probably think of examples where you have seen students think they cannot do it (or have a positive attitude that makes a difference)

Learn Vocabulary Faster and Remember It Longer

Cognates

Mnemonics

Categories of words

Related workds

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**Clean Up Your Act**

Defossilization

Shekhtman ‘s three levels of accuracy in language and how to achieve accurate-automatic

**Test Your Best**

* Since there are a number of English tests, including TEOFL, we can talk briefly about each test, discuss testing in general, or both
* Test-taking hints
* How to handle a timed test if you are reflective
* Health issues related to testing (food, sleep, not cramming)

**References**