

# MSI Press Catalogue Fall-Winter 2015



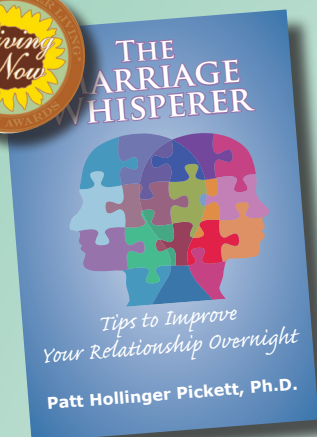
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# FEATURING Fall-Winter specials on award-winning books (half price)



## **The Marriage Whisperer**

~~\$22.95~~ \$11.00

ISBN: 978-1933455655

**Gold Medal Winner 2013**

**Eric Hoffer Award Honorable Mention 2015**

**IPPY "Living Now" Awards**

This jargon-free, self-help title, written by an experienced Licensed Marriage and Family Therapist and inspired by over 10,000 conversations, delivers 70 couple stories with humor and practical tips for lasting relationship improvement. Themes include communication, habits, chores, arguments, sex, intimacy, and more.

## **A Widower's Guide to a New Life**

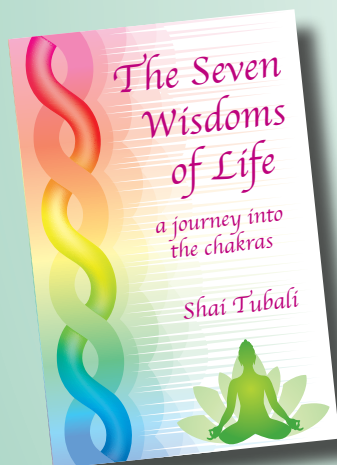
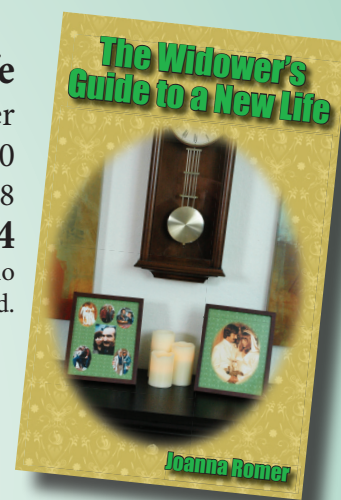
Joanna Romer

~~\$14.95~~ \$7.00

ISBN: 978-1933455488

**Book of the Year Award (BOTYA) finalist 2014**

A companion volume to Widow, this book is a practical guide for men who suddenly find themselves widowed.



## **The Seven Wisdoms of Life: A Journey into the Chakras**

Shai Tubali

~~\$19.95~~ \$10.00

ISBN: 9781933455686

**Book of the Year Award (BOTYA) finalist 2013**

One of the most comprehensive books ever written about the chakras and their role in human life, *The Seven Wisdoms of Life* is grounded not in esoteric theory but rather in the down-to-earth way we can consciously use the teachings of the chakras in order to become fully balanced and fulfilled human beings.

## **The Gospel of Damascus**

~~\$14.95~~ \$7.00

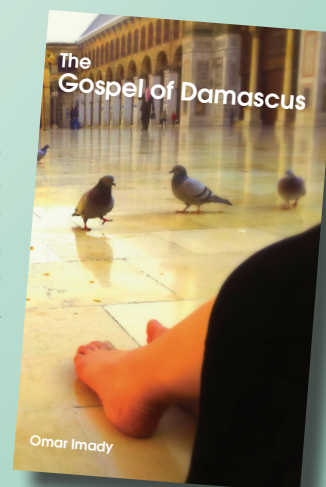
ISBN: 978-1933455105

This eschatological novel weaves Jewish, Christian and Islamic traditions to tell the story of eight angels who prepare Damascene Yune Bukhari to be one of the successors to the Disciples of Christ. The process entails complex spiritual and sensual experiences which Yune must successfully undergo. Guiding the process are golden scrolls which can only be opened at very specific dates. The story appears to culminate on Christmas Eve 1999 when Yune believes Christ will return. He is shattered when Christ fails to descend on the White Tower east of Damascus. Thirty-three years later, the preparation of Yune is over, and he is finally permitted

to witness the event he had anticipated for so long.



**Book of the Year Award (BOTYA) finalist 2012**





# Psychology and Self-Help



## The Rose and the Sword

Dr. Judith Bach & Nanette Hucknall

\$19.95

ISBN: 9781933455365

A unique combination of fiction and self-development, this book invites the reader to enter a realm of modern and fantasy tales that stimulate both mind and feelings. At the end of each story is a psychological commentary that provides a deeper understanding and an exercise to begin the process of integrating the energies.



## Widow: A Survival Guide for the First Year

Joanna Romer

\$14.95

ISBN: 9781933455242

This book takes new widows on a journey from the first difficult days of widowhood through 12 months of self-discovery. Guidelines are provided for each new phase, making this book a practical self-help book. Widow was featured in the January 2013 Small Press Bookwatch as a "Reader's Choice" by Midwest Book Review.



## El Poder de lo Transpersonal

Fernando Ustman

\$14.95

ISBN: 9781933455297

En lo Transpersonal todas las cosas se conectan y nada está suelto ni es independiente. Todo para lograr entender que somos uno y que estamos conectados con un propósito divino. Solo que pocos lo recuerdan.



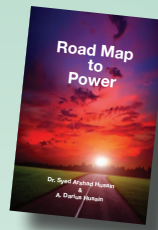
## Puertas a la Eternidad

Fernando Ustman

\$14.95

ISBN: 9781933455204

Este libro es un manual de vida y para la vida, donde nos lleva paso a paso a abrir nuevas opciones de crecimiento, trascendencia y evolución para nuestra humanidad que está pasando por pruebas para acceder a maestrías de evolución permanente.



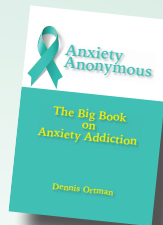
## Road Map to Power

Dr. Syed Husain & Darius Husain

\$12.95

ISBN: 9781942891048

Offering a detour from the dead end of this "buy more, be more" culture, the authors demonstrate why the traditional routes to power are accessible only for an elite few. Wrapping warm, profound stories of empowerment around an extensive body of research, Road Map to Power is your guide to a life of dignity, satisfaction, and happiness..



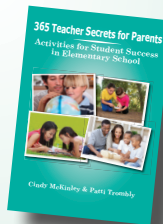
## Anxiety Anonymous: The Big Book on Anxiety Addiction

Dr. Dennis Ortman

\$24.95

ISBN: 9781942891000

Viewing anxiety as an addiction, Dennis Ortman, Ph.D. guides you through the time-tested Twelve Steps of Alcoholics Anonymous to find relief from your anxiety. He shows how the Steps offer practical wisdom on how to transform your anxious habits of thinking into constructive action.



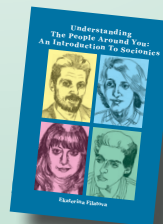
## 365 Teacher Secrets for Parents: Fun Ways to Help Your Child Succeed in Elementary School

Cindy McKinley & Patti Trombley

\$29.95

ISBN: 978-1933455273

Just as its title states, this book provides daily fun activities that parents can do with their children in order to improve their school performance. Written by two talented, brilliant school teachers.



## Understanding the People Around You: An Introduction to Socionics

Ekaterina Filatova

\$19.95

ISBN: 9780967990767

The field of socionics (personality type along the lines of Jung's theories) is fully covered in this book for American readers. The author is one of the leading socionists in Russia and Europe. The examples and discussions are written at a lay level and are meant for the everyday reader.

# Psychology and Self-Help



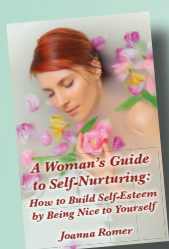
## Divorced: Survival Techniques for Singles over Forty

Joanna Romer

\$16.95

ISBN: 978-1933455006

Divorced! Survival Techniques for Singles over 40 shares the stories of men and women just like you who have gone through the trauma of divorce, and now feel comfortable talking about it. Turning to God, to friends, family and therapy, these adults were able to pull their lives back together. Whether your divorce was recent or years ago, the guidelines in this book will help you put heartache aside and begin a new and fulfilling life.



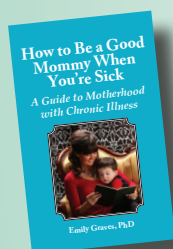
## A Woman's Guide to Self-Nurturing

Joanna Romer

\$12.95

ISBN: 978-1942891024

This book helps you determine what nourishes your self-esteem. Expand your repertoire of self-nurturing techniques.



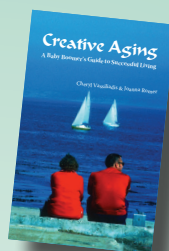
## How to Be a Good Mommy When You're Sick: A Guide to Motherhood with Chronic Illness

Emily Graves

\$14.95

ISBN: 978-1933455891

Emily chronicles the challenges and successes and shares her experience-and tips-with other mothers suffering from chronic illness. A formula for surviving and thriving, this book is meant as a source of inspiration and support for any mother who has to do the impossible every single day.



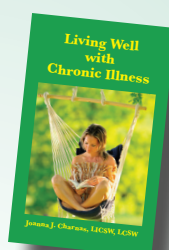
## Creative Aging: A Baby Boomer's Guide to Successful Living

Joanna Romer & Cheryl Vassiliadis

\$14.95

ISBN: 978-1933455501

*Creative Aging: A Baby Boomer's Guide to Successful Living* encourages those who are at or nearing retirement to actively plan for the years ahead. Individual stories of Boomers who have learned to flourish after age 50 are showcased, along with productive influences gained from spirituality, health, and "the Woodstock Generation."



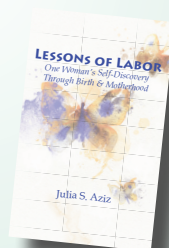
## Living Well with Chronic Illness

Joanna J. Charnas, LICSW, LCSW

\$12.95

ISBN: 978-1933455150

*Living Well with Chronic Illness* is a self-help guide for anyone who has a chronic illness or who knows and cares about someone else who does. The 20 chapters concisely address a comprehensive range of issues including daily routines, relationships, medical and legal services, a joyful life, and much more.



## Lessons of Labor: One Women's Self-Discovery Through Birth & Motherhood

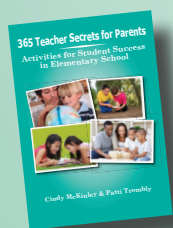
Julia S. Aziz

\$14.95

ISBN: 978-1933455921

In telling the intimate birth stories of her three children and miscarriage, Julia shows us how giving birth can be one of motherhood's (and life's) greatest teachers.

## Other



## 365 Teacher Secrets for Parents: Fun Ways to Help Your Child Succeed in Elementary School

Cindy McKinley & Patti Trombly

\$29.95

ISBN: 978-1933455273

This reference book, written by two experienced and successful (and, frankly, brilliant and talented) elementary school teachers, provides a day-by-day set of practical ideas and activities that parents can do at home with their elementary school-age children.



## Publishing for Smarties: Finding a Publisher

B.L. Ham

\$9.95

ISBN: 978-1933455433

Having trouble getting your book published? Or are you a new author, wondering how to avoid the long wait through dozens of submissions find an author? This book is for you! Written from the perspective of an acquisitions editor for a publishing house.



# Memoir



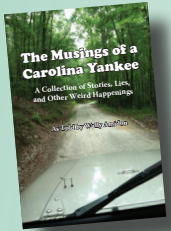
## Blest Atheist

Dr. Elizabeth Mahlou

\$19.95

ISBN: 9781933455112

Beth finds God in a very simple yet most unusual way. *Blest Atheist* encompasses the greatest literary themes of all time – alienation, redemption, and even the miraculous. The author's life experiences, both tragic and tremendous, result in a spiritual journey containing significant ups and downs that ultimately yield great joy and humility.



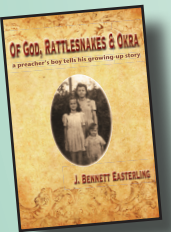
## The Musings of a Carolina Yankee

Wally Amidon

\$12.95

ISBN: 978-1933455969

Take a slow ride down a country road and let your mind and spirit find the peace of a wooded wonderland. Stop along the way and listen to the quiet. Read some pretty funny stories about things that happen in nature, with animals, and during hunting season. Encounter some eccentric folks, including Bingo Drake, Rattler & Tiny, and the Hunkering Heckler.



## Of God, Rattlesnakes, and Okra

J Bennett Easterling

\$19.95

ISBN: 978-1933455754

A collection of stories by a pastor's son of growing up in the deep South. Heartwarming, insightful, and well written, this book is the kind one settles down with on a rainy day and experiences sunshine from within the pages.



## Forget the Goal, The Journey Counts

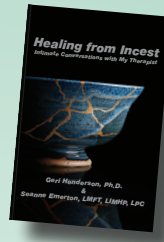
...71 Jobs Later

Alfred Stites

\$19.95

ISBN: 9781933455266

Everyone has at least one story to tell; Alfred Stites has a lifetime's worth. Candid, humorous, thought provoking and interesting, his writing delights both young and old.



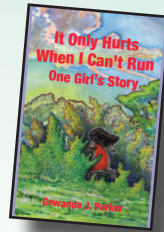
## Healing from Incest

Geri Henderson & Seanne Emerton

\$14.95

ISBN: 978-1933455532

*Healing from Incest* tells the journey of a victim-turned-survivor, working with her therapist to find healing. Readers are pulled into the therapeutic process as Henderson relates her conversations and feelings as a victim of child abuse and Emerton interprets those feelings and describes interventions. This frank and genuine narrative will be reassuring in its descriptions of one woman's journey toward hope and healing.



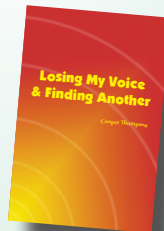
## It Only Hurts When I Can't Run

Gewanda Johnson

\$14.95

ISBN: 978-1933455808

This is the childhood story of a successful pastor, humanitarian, and international speaker who suffered years of abuse, bounced among homes. While the author could easily have given up, she overcame and serves as an inspiration to others suffering from abuse and low self-esteem.



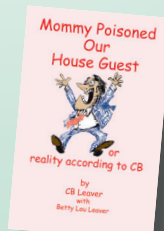
## Losing My Voice and Finding Another

Cooper Thompson

\$14.95

ISBN: 9781933455235

Based on the author's experiences from 2003 to 2010, when he emigrated from the United States to Germany at the age of 53, this book is written for immigrants who find it difficult to learn a second language language teachers who want to learn about emotional and social aspects of language learning, and citizens and policy makers.



## Mommy Poisoned Our Guest

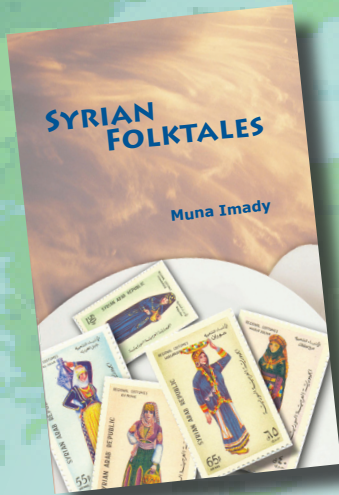
Shenan "CB" Leaver

\$12.95

ISBN: 096799070X

A collection of anecdotes about a "detail-oblivious" not-so-competent homemaker and world traveler, told from the point of view of her mentally challenged son, the simplicity of language has made this book a favorite with ESL students. The humorous "conclusions" about life from a child's point of view endears it to anyone with a sense of humor.

# Things Middle Eastern



## Syrian Folktales

Muna Imady

\$12.95

ISBN: 9781933455099

This delightful book relates folktales from various regions of Syria. Each folktale is located on a regional map and is accompanied by a local, related recipe.

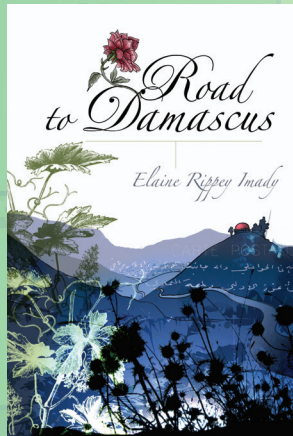
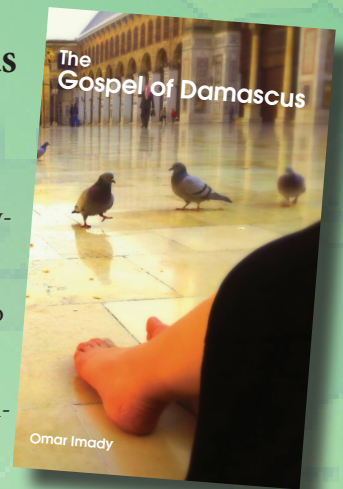
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Omar Imady

\$14.95

ISBN: 9781933455105

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## Road to Damascus

Elaine Imady

\$19.95

ISBN: 9781933455136

Road to Damascus describes the Middle Eastern journey of an American who falls in love with a Syrian at school in New York. Giving up her country and her religion to follow her husband back to Syria, Elaine Imady has made a life that has successfully bridged two cultures and two continents. Her life is symbolic of the best of what can be when two cultures come together.

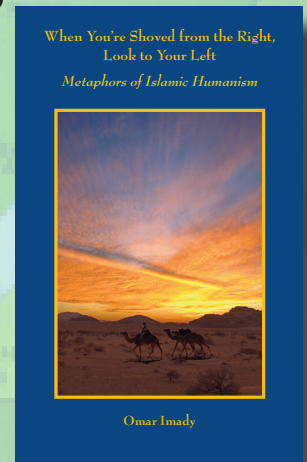
## When You're Shoved from the Right, Look to Your Left: Metaphors of Islamic Humanism

Dr. Omar Imady

\$12.95

1933455055

This book contains 29 stories originally articulated in Arabic by Bashir Al-Bani, Orator of the Grand Mosque of Damascus and one of the masters of the Sufi Naqishbandi Order. The stories are often comic but often deep in implication. A delicate concern for the value, indeed the sacredness, of human value permeates all the stories.



## Thoughts without a Title

Dr. Geri Henderson

\$15.95

ISBN: 1933455063

This book is a collection of short stories, poetry, and dramatic essays, written by students and faculty of the New York Institute of Technology in Amman, Jordan, a rich mix of Arab and American authors, reflecting on experiences in the Middle East and elsewhere.

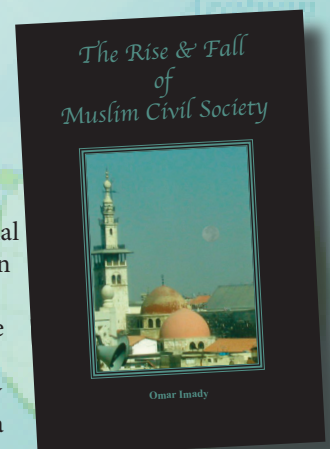
## The Rise and Fall of Muslim Civil Society

Dr. Omar Imady

\$19.95

ISBN: 1933455039

This book discusses the institutional roots of organizations that sanction the use of indiscriminate violence to advance political objectives. The author sheds light on why these institutions emerged and why they eventually fell apart and provides a new explanation for the phenomenon of Islamic militancy.





# Religion

## Everybody's Little Book of Everyday Prayers

Cynthia MacGregor

\$12.95

ISBN: 9781933455785

Whether you're a believer but unchurched or are a devout member of a religion, finding the right words to say to God can be a problematic issue. The prayers in this book are nonsectarian—suitable for Protestants, Jews, and Catholics as well as unaffiliated deists who believe in God but not in organized religion. They cover a raft of occasions; if prayer is an integral part of your life, or you would like it to be, you'll find the help you want in this book.



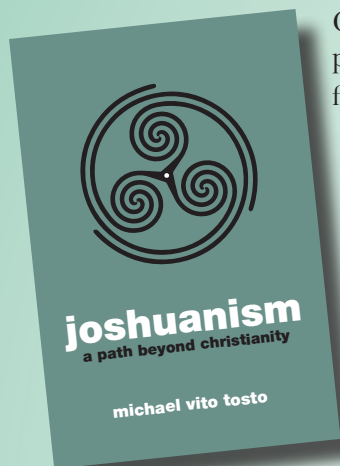
## Joshuanism: A Path Beyond Christianity

Michael Vito Tosto

\$19.95

ISBN: 9781933455709

Tosto details a new spiritual approach for knowing God in the 21st century: Joshuanism, an evolved expression of Christianity, rooted in the same son of God Christianity worships: Jesus. In this case, we are approaching him with a fresh, unencumbered perspective that returns us to the early days of Christianity.



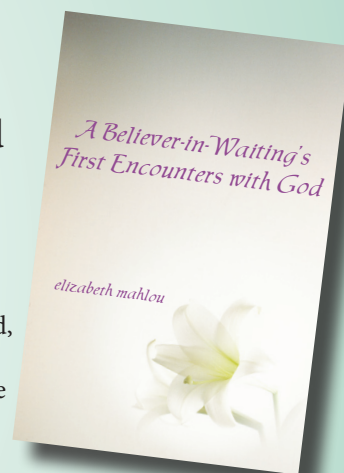
## A Believer-in-Waiting's First Encounters with God

Dr. Elizabeth Mahlou

\$12.95

ISBN: 9781933455280

The author allows readers an entrée into the world of a modern-day mystic, a world where spirituality, contemplation, hierophany, and miracles unite. Good, evil, suffering, darkness, unknowing, and the unconditional love of God are the leitmotifs that bind the author's experiences from the physical world to the spiritual realm.



# Inspiration

## The Seven Wisdoms of Life: A Journey into the Chakras

Shai Tubali

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ISBN: 9781933455686

One of the most comprehensive books ever written about the chakras and their role in human life, The Seven Wisdoms of Life is grounded not in esoteric theory but rather in the down-to-earth way we can consciously use the teachings of the chakras in order to become fully balanced and fulfilled human beings.

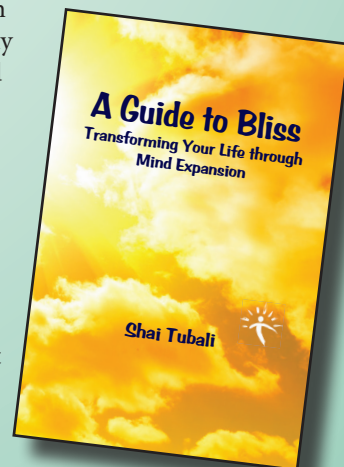
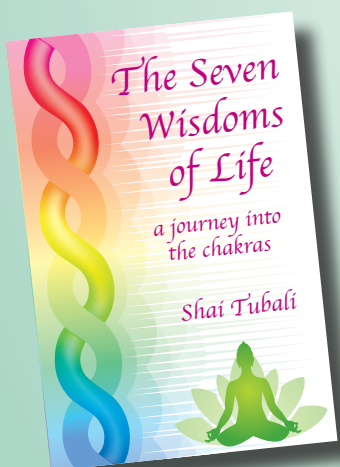
## A Guide to Bliss

Shai Tubali

\$19.95

ISBN: 978-1933455945

This practical guide is based on a very simple principle: all our negative emotional and mental states are the result of our currently limited and contracted mind; when we expand our mind, these states dissolve.



# Books Published in Spanish



## Las Historias de Mi Vida

Fernando Ustman

\$12.95

ISBN: 9781933455723

Las historias que se han seleccionado para este texto, de alguna manera se asemejan en ciertos aspectos a nuestras propias vivencias en el amor, en el perdonar, en el arte de reír, en la nostalgia del llorar, en el corer.



## El Poder de lo Transpersonal

Fernando Ustman

\$14.95

ISBN: 9781933455297

En lo Transpersonal todas las cosas se conectan y nada está suelto ni es independiente. Todo para lograr entender que somos uno y que estamos conectados con un propósito divino. Solo que pocos lo recuerdan.



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